



SHAKARGANJ FOUNDATION

EDUCATION AND HEALTHCARE FOR EVERYONE

Newsletter 2026

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**A NON-PROFIT
ORGANIZATION
SINCE 2000**

- Education
- Healthcare
- Art Gallery



26 Years of Community Service

Shakarganj Foundation has been providing free of cost education assistance, healthcare services and practical home economics programs in remote areas of Pakistan's Punjab province for over two and a half decades.

Shakarganj Foundation's Team

Board of Governors



Mian Altaf M. Saleem
Chairman



Mr. Rashid Ahmad
Vice Chairman



Mian Anjum M. Saleem
Member



Mian Ahsan M. Saleem
Member



Mian Ali Altaf Saleem
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M. Awais Qureshi
Member



M. Pervez Akhtar
Member



Mr. Sarfraz Mahmood
Member

Social Action Projects Committee



Muhammad Saifullah
Chairman



Dr. Shahid Hussain
Vice Chairman



Samra Ashraf
Manager (SAP)



Dr. Muhammad Aamir
Manager (Public Health)



Mian Mustapha Altaf Saleem
Member



M. Pervez Akhtar
Member



Manzoor Hussain Malik
Member



Muhammad Hussain Malik
Member

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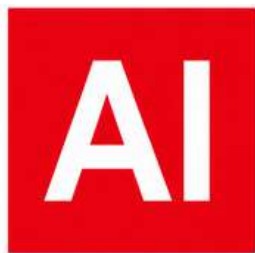
Tribute to the Legacy of Mr. Awais Qureshi



We are deeply saddened by the passing of Mr. Muhammad Awais Qureshi who served as Executive Vice President at Shakarganj Limited from 1980 to 2009, as an Advisor from 2009 to 2013, and as a Member Board of Governors of Shakarganj Foundation from 2014 until his passing. His dedication, visionary leadership, and invaluable contributions to the organization will always be remembered with profound respect and admiration. We extend our heartfelt condolences to the bereaved family and pray that his soul rests in eternal peace, Ameen.



IMPORTANT ANNOUNCEMENT



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international
the voice of modern business - est. 2010

Shakarganj Foundation

Recognition for Visionary Leadership in Community Impact 2026 – Pakistan

We are honored to announce that Shakarganj Foundation has once again been recognized with a prestigious international award. This achievement reflects our continued commitment to excellence, impact, and community development.

We sincerely thank our team, partners, and supporters for being part of this journey.

Explore our award here:

<https://www.acquisition-international.com/winners/shakarganj-foundation/>

Significant Projects

Talking Watches Distributed at Darkhshan Model School for Vision Impaired Students

On **December 5th - 2025**, Shakarganj Foundation distributed specialized talking watches to 27 students and 3 instructors. These assistive devices audibly announce the time and feature programmable alarms, empowering recipients to manage their daily schedules with greater independence. We are deeply grateful to Mr. Ghulam Shabbir Gohar (General Secretary, Pakistan Association of Blind, Jhang) for his instrumental role in facilitating this meaningful collaboration.

2025



SF & NCHD Female Adult Literacy Program

A new chapter in community empowerment began with the signing of a Memorandum of Understanding (MOU) between Shakarganj Foundation and the National Commission for Human Development (NCHD). Under this partnership, a Female Adult Literacy Program will deliver free, foundational education covering reading, writing, and arithmetic to adult women in need within the Union Councils of Ashaba and Jhang City, opening doors to greater opportunity and self-reliance.

2026



Significant Projects

Shakarganj Foundation & Fitwell Hub

The inaugural ceremony marking the collaboration between Shakarganj Foundation and Fitwell Hub was held on **January 13th - 2025**, at the Muhammad Yar Rahi Stationed Free Dispensary (SML-I), Jhang. Mr. Muhammad Saleem, Trustee of Fitwell Hub, attended the event and observed patients receiving virtual consultations through Fitwell Hub's telehealth platform.

2025



Shakarganj Foundation & TMSG (Fight Against Malnutrition)

In Pakistan, malnutrition is not just a statistic, it is a daily reality for countless families struggling to put enough nutritious food on the table. For children in particular, the consequences are lifelong, stunting not only bodies but also futures. Overcoming this challenge calls for a united front, where government agencies and private organizations join forces to deliver sustainable, community-driven solutions.

2026



Significant Projects

Shakarganj Vocational Lab at SAS #02 GGPS Chah Blochan

Established at schools adopted by Shakarganj Foundation, Shakarganj Vocational Labs provide students with practical training in computing and information technology. This initiative strengthens their academic foundation while cultivating market-relevant skills for long-term success.

2026



Community Food Drive at Dialysis Unit of Ismail Welfare Hospital

Shakarganj Foundation hosted its inaugural Community Food Drive at the Dialysis Unit of Ismail Welfare Hospital in Satellite Town, Jhang. In a heartwarming gesture of solidarity, 30 food packages were distributed among patients, doctors, and hospital staff. This initiative reflects our unwavering commitment to fighting hunger and nurturing a spirit of togetherness. We believe that small acts of care, shared across communities, are the building blocks of a brighter, more compassionate future.

2026





Muhammad Saifullah

Chairman (Social Action Projects Committee)

Chairman SAPC's Message

As Chairman of the Social Action Projects Committee, I am honored to present the progress we have achieved during the past year. In the field of education, we adopted and enhanced 22 Government Girls Elementary and Primary Schools by undertaking comprehensive infrastructure repairs, maintenance, and improvement initiatives. Alongside these efforts, we successfully implemented initiatives such as Winter Clothing Drives, Sports Gear Distribution, Educational Seminars, the Talib Hussain Education Scholarship Program, Fruit Drives, and Community Food Programs.

In the healthcare sector, our free mobile and stationary dispensaries in Jhang and Bhone continue to provide essential medical services, while the Muhammad Yar Rahi Free Dispensary in Jhang has been further equipped to enhance the quality of patient care. Through our Nutritional Program, students in two primary schools receive Oolala flavored milk, and Fruit Drives are regularly conducted across all adopted schools to promote improved health and nutrition.

Our Jhang Art Gallery continues to empower women by offering fashion design and fine arts courses, equipping them with valuable skills that enable them to support their families and achieve greater financial independence.

I extend my heartfelt gratitude to our generous friends and the dedicated members of our team, whose unwavering commitment and support have been instrumental in achieving our shared objectives. I would also like to express my sincere appreciation to Mian Mustapha Altaf Saleem, whose continued guidance and steadfast support have played a vital role in the successful execution of all our projects.

As we look toward the future, I humbly seek your prayers and continued support as we advance this noble mission. Together, let us remain united in our commitment to creating meaningful and lasting positive change in the lives of those who need it most.

Thank you.



Samra Ashraf

Manager (Social Action Program)

Manager SAP's Message

Shakarganj Foundation reflects on a remarkable year of service, marked by meaningful achievements and strong community engagement. The Foundation's efforts have focused on creating opportunities, supporting vulnerable populations, and fostering sustainable development. Every initiative undertaken during the year demonstrates a deep commitment to compassion, collaboration, and positive social impact, made possible through the dedication of employees, volunteers, and partners.

Promoting health and well-being remained a key priority. The Foundation organized seven Fruit Distribution Drives across its adopted schools, benefiting 745 students and staff by encouraging healthy eating habits through the provision of fresh seasonal fruits. In addition, specialized medical camps were conducted in four schools, where 100 students received health screenings, eye examinations, and free medicines. These initiatives helped identify health concerns early and reinforced the importance of preventive healthcare.

The Foundation also extended its support through various welfare programs aimed at improving quality of life. Initiatives such as Sports Gear Seminars encouraged physical activity among students, while Sugar and Rice Drives and clothing assistance programs supported families and school staff facing economic challenges. Food security efforts were further strengthened through Community Meal Distribution Programs, which provided meals to 2,489 individuals, promoting dignity and social solidarity.

A highlight of the year was the Ramzan Food Package Distribution Program, through which essential food supplies were provided to deserving families during the holy month. This initiative enabled vulnerable households to observe Ramadan with dignity and peace of mind, reflecting the Foundation's strong humanitarian values and commitment to community support during critical times.

Looking ahead, Shakarganj Foundation aims to expand its impact by doubling its outreach, increasing beneficiary coverage, and introducing innovative programs. Alongside its welfare initiatives, the Foundation continues to promote creativity through the Jhang Art Gallery, offering programs in Fine Arts and Fashion Designing and providing a platform for emerging artists. With continued dedication and collaboration, the Foundation is poised to achieve even greater milestones in the coming year.

Shakarganj Adopted Schools (SAS)



List of Shakarganj Adopted Schools (SAS)

SR. No.	SCHOOL NAME	DISTANCE FROM (SML-I) JHANG	TEACHERS	STUDENTS
1	Govt. Girls Primary School SML Campus	250 M	5	137
2	Govt. Girls Primary School Chah Balochan	400 M	5	95
3	Govt. Girls Elementary Insaf School	3 KM	7	112
4	Govt. Girls Elementary School Wah Wala	6 KM	14	164
5	Govt. Girls Primary School Chowck Shaheedan	7.5 KM	6	101
6	Govt. Girls Primary School Korian	8 KM	5	125
7	Govt Girls Elementary School Chak 268 J.B	9 KM	13	320
8	Govt. Girls Elementary School Chak 460 J.B	11.5 KM	11	152
9	Govt. Girls Elementary School Thatta Guniana	12.7 KM	11	293
10	Govt. Girls Elementary School Ashaba	13.5 KM	13	402
11	Govt. Girls Elementary School Chak 265 J.B	15 KM	13	319
12	Govt. Girls Elementary School Haveli Lal	19.5 KM	9	274
13	Govt. Girls Elementary School Chak 220 J.B	21 KM	20	493
14	Govt. Girls Elementary School Kot Dewan	22 KM	11	336
15	Govt. Girls Elementary School Shahabal	24 KM	11	380
16	Govt. Girls Primary School Chak 450 J.B	26 KM	8	240
17	Govt. Girls Elementary School Kot Khan	36 KM	7	273
18	Govt. Girls Elementary School Kot Murad	41 KM	7	369
19	Govt. Girls Primary School Darghai Shah	42 KM	4	126
20	Govt. Boys Elementary School Darghai Shah	43 KM	14	388
21	Govt. Girls Elementary School Bhone Bhor	61 KM	9	155
22	Govt. Girls Primary School Jan Muhammad Nou	53 KM	2	50

Shakarganj Foundation

Female Adult Literacy Program

(Closing Ceremonies)



Closing Ceremony has been conducted at Shakarganj Foundation's Adult Female Literacy Center Chah Thattah Moza Ashaba on June 2nd - 2026.



A successful closing ceremony was conducted at Shakarganj Foundation's Adult Female Literacy Center at Jhang City on November 12th - 2025. Prizes and Certificates were distributed among Position Holders and other students. Later on delicious lunch boxes were served to all students and teachers.



A successful closing ceremony was conducted at Shakarganj Foundation's Adult Female Literacy Center at Ashaba on November 8th - 2025. Prizes and Certificates were distributed among Position Holders and other students. Later on delicious lunch boxes were served to all students and teachers.

Shakarganj Foundation & National Commission for Human Development (NCHD) Female Adult Literacy Program



Shakarganj Foundation and the National Commission for Human Development (NCHD) have formalized their partnership through a signed Memorandum of Understanding (MOU), paving the way for a collaborative Adult Female Literacy Program. This initiative will deliver free instruction in reading, writing, and numeracy to underserved women across the Union Councils of Ashaba and Jhang City. By combining institutional expertise, training infrastructure, and shared resources, the three-month program aims to uplift approximately 500 learners, equipping them with foundational skills for greater self-reliance and opportunity.





Malik Ihsan Ullah Kamboh
(Deputy Director NCHD)

Malik Ihsan Ullah Kamboh is a seasoned public sector professional and development practitioner with over two decades of experience in social development, education, and community mobilization across Punjab. Currently serving as Deputy Director at the National Commission for Human Development (NCHD) under the Ministry of Federal Education and Professional Training, he holds a Triple Master's degree in Education, Political Science, and Punjabi-equipping him with a multidisciplinary perspective on development challenges. Over the course of his career, he has worked across seven districts of Punjab, spearheading initiatives in literacy promotion, school enrollment, public health awareness, and community empowerment through sustainable, locally rooted interventions.

His exemplary contributions have garnered international acclaim, including recognition from the American Consulate (2006), UNESCO (2014), and UNICEF (2017 & 2018) for excellence in social mobilization, literacy, and Water, Sanitation, and Hygiene (WASH) and school health programs. These honors underscore his unwavering commitment to improving educational access and community well-being. Additionally, he was commended by the Director General of NCHD Pakistan for authoring "NCHD Khanpur at a Glance," a compelling documentation of success stories from Rohi, Cholistan, and the riverine areas of Rahim Yar Khan. His continued leadership remains pivotal to advancing education, public health, and human development across Pakistan.

Shakarganj Foundation & NCHD Teacher Training Program



Shakarganj Foundation and the National Commission for Human Development (NCHD) jointly conducted a comprehensive Teacher Training Session on **December 17th - 2025**, at the Shakarganj Limited Auditorium in Jhang. The session was designed to equip instructors with the necessary skills and methodologies to effectively deliver literacy instruction across five Adult Female Literacy batches scheduled to operate in Moza Ashaba, Jhang City, and Gojra Road.



Shakarganj Foundation & NCHD

Female Adult Literacy Program

(Opening Ceremonies)



Shakarganj Foundation and NCHD are proud to announce the inauguration of our Female Adult Literacy Center in Mohallah Iqbal Nagar Gojra Road Jhang on January 13th - 2026. Ms. Nasreen Abdullah (Deputy DO) was the Chief Guest of the ceremony. This program will provide women aged 30-55 in underserved communities of Punjab with essential literacy and numeracy skills at no cost.



Shakarganj Foundation and NCHD are proud to announce the inauguration of our Female Adult Literacy Center in Basti Abdullahpur, Jhang City on January 1st - 2026. This program will provide women aged 30-55 in underserved communities of Punjab with essential literacy and numeracy skills at no cost.



Shakarganj Foundation and NCHD are proud to announce the inauguration of our Female Adult Literacy Center in Kalwaranwala, Jhang City on January 1st - 2026. This program will provide women aged 30-55 in underserved communities of Punjab with essential literacy and numeracy skills at no cost.



Shakarganj Foundation and NCHD are proud to announce the inauguration of our 2nd Female Adult Literacy Center in Moza Ashaba New Abadi on December 24th - 2025. This program will provide women aged 30-55 in underserved communities of Punjab with essential literacy and numeracy skills at no cost.

Shakarganj Foundation & NCHD Female Adult Literacy Program (Opening Ceremonies)



Shakarganj Foundation and NCHD are proud to announce the inauguration of our Female Adult Literacy Center in Chah Abbas Wala, Ashaba on December 23th - 2025. This program will provide women aged 30-55 in underserved communities of Punjab with essential literacy and numeracy skills at no cost.

Shakarganj Foundation & NCHD Female Adult Literacy Program (Closing Ceremonies)



Closing Ceremony has been conducted on June 18th - 2026 at Shakarganj Foundation & NCHD Female Adult Literacy Center Basti Abdullah Pur Jhang City



Closing Ceremony has been conducted at Shakarganj Foundation & NCHD Female Adult Literacy Center Kalwarana wala Jhang City on June 15th - 2026.



Closing Ceremony has been conducted at Shakarganj Foundation & NCHD Female Adult Literacy Center Education Valley Gojra Road Jhang on June 9th - 2026.



Closing Ceremony has been conducted at Shakarganj Foundation & NCHD Female Adult Literacy Center New Abadi Moza Ashaba on May 25th - 2026.

Shakarganj Foundation & NCHD Female Adult Literacy Program (Closing Ceremonies)



Closing Ceremony has been conducted at Shakarganj Foundation & NCHD Female Adult Literacy Center Chah Abbas wala Moza Ashaba on May 19th - 2026.

Shakarganj Foundation & NCHD

Female Adult Literacy Centers Data

SF Female Adult Literacy Program

Sr. No.	Name of Teachers	Location	Center Opening Date	Center Closing Date	Passed Out	Conducted Ceremony
1	Ms. Maria BiBi	Moza Ashaba, Chah Thatta District Jhang.	13-10-2025	12-03-2026	25	02-06-2026

SF & NCHD Female Adult Literacy Program

Sr. No.	Name of Teachers	Location	Center Opening Date	Center Closing Date	Passed Out	Conducted Ceremony
1	Ms. Shazia	Moza Ashaba, Chah Abbas Wala District Jhang	23-10-2025	22-03-2026	25	19-05-2026
2	Ms. Shahreen Fatima	Moza Ashaba, New Abadi District Jhang	26-10-2025	25-03-2026	25	25-05-2026
3	Ms. Shameem Kausar	Moh. Kalwaranwala, Jhang City District Jhang	01-01-2026	31-03-2026	25	16-06-2026
4	Ms. Sumera Sadia	Basti Abdullahpur, Jhang City District Jhang	01-01-2026	31-03-2026	25	18-06-2026
5	Ms. Gul-e-Nargis	Education Valley School Gojra Road District Jhang	13-01-2026	12-04-2026	25	19-06-2026

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Since 2003, Shakarganj Foundation's Nutritional Program has been a cornerstone of student well-being across our adopted schools, tackling nutritional deficiencies with care and consistency. Fresh fruits, nature's own powerhouse of vitamins, minerals, and antioxidants, are more than just snacks, they are essential building blocks for healthy growth, sharp minds, and bright futures. By making these wholesome options readily available within school premises, we nurture not only bodies but also lifelong habits of mindful eating.

During the **2025–2026** academic year, this commitment took the form of Seven Fruit Drives across five schools, bringing nourishment and joy to **745 students and 43 staff members**. Each drive was a celebration of health, community, and shared care.

Shakarganj Foundation remains unwavering in its mission to nourish the next generation. With an eye on the future, we continue to expand this initiative, adapting to the evolving needs of our learners and ensuring that every child receives the foundation for a healthier, more vibrant tomorrow.



Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #07 at Shakarganj Adopted School (SAS) #02 - GGPS Chah Blochan on March 6th - 2026. Students and staff members received apples and bananas.



Fruit Distribution Drive #06 at Shakarganj Adopted School (SAS) #01- GGPS SML Campus on March 5th - 2026. Students and staff members received apples and bananas.



Fruit Distribution Drive #01 at Darkshan Model School on February 11th - 2026. Students and staff members received apples and bananas.



Fruit Distribution Drive #04 at Shakarganj Adopted School (SAS) #04 - GGES Wah Wala on December 19th - 2025

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #03 at Shakarganj Adopted School (SAS) #03 - GGES Insaf Elementary School on December 11th - 2025



Fruit Distribution Drive #02 at Shakarganj Adopted School (SAS) #02 GGPS Chah Blochan on November 7th - 2025



Fruit Distribution Drive #01 at Shakarganj Adopted School (SAS) #01 - GGPS SML Campus on November 5th - 2025

Nutritious Breakfast Drives



Shakarganj Foundation organized its 1st Community Food Drive in Dialysis Unit on June 30th - 2026 in Ismail Welfare Hospital Satellite Town, Jhang. This initiative witnessed the distribution of 30 food packages to the patients, doctors and staff members of the hospital. Shakarganj Foundation is steadfast in its commitment to alleviating hunger and fostering community spirit. Such initiatives highlight the importance of community engagement in creating a brighter future for all.



Omelette and Paratha Drive at (SAS) #03 on December 16th - 2025. Students and staff members enjoyed a nutritious and delicious meal of omelettes and parathas. Packed with protein from the eggs and essential carbohydrates from the parathas, the meal provided a balanced and energizing start to the day.



Omelette and Paratha Drive at (SAS) #02 on December 1st - 2025: Students and staff members enjoyed a nutritious and delicious meal of omelettes and parathas. Packed with protein from the eggs and essential carbohydrates from the parathas, the meal provided a balanced and energizing start to the day.



Omelette and Paratha Drive at (SAS) #01 on November 28th - 2025. Students and staff members enjoyed a nutritious and delicious meal of omelettes and parathas. Packed with protein from the eggs and essential carbohydrates from the parathas, the meal provided a balanced and energizing start to the day.

Talib Hussain Education Scholarship

Launched on **September 7th - 2023**, the Talib Hussain Education Scholarship was born from a simple yet powerful belief: that no bright and deserving student should ever have to abandon their dreams due to financial hardship. Open to all academic disciplines within Jhang, this program ensures that talent, ambition, and hard work remain the sole determinants of success, not economic circumstance.

In its inaugural year (**2023–2024**), the Foundation awarded two scholarships to students in urgent need. For the 2024–2025 cycle, two more deserving candidates are currently on the waiting list, and the Foundation is steadfast in its resolve to support them before the year concludes.

Through this initiative, Shakarganj Foundation reaffirms its belief that education is the key to unlocking potential, breaking the cycle of poverty, and shaping a brighter future for our community.



True to its mission, the Shakarganj Foundation recently awarded the Talib Hussain Education Scholarship to Mr. Qaisar Ali on **February 18th - 2026**. Now pursuing a BS in Chemistry at Government Post Graduate College, Jhang, Qaisar represents the very spirit this scholarship seeks to uplift, proof that when opportunity meets determination, futures are transformed.

General Clothing Distribution Drives



On **March 20th - 2026**, Shakarganj Foundation assisted local women through a successful Cloth Distribution Drive. Designed to support underprivileged families, the initiative provided essential clothing assistance to those facing economic hardship because every woman deserves to feel valued and cared for.

A total of 30 carefully curated dresses were distributed to women residing in areas adjacent to Shakarganj Limited Colony and Sarwar Colony, Jhang. Beneficiaries were identified through a thoughtful selection process to ensure that support reached the most vulnerable members of the community.

The drive was met with overwhelming gratitude, with recipients expressing heartfelt appreciation for the Foundation's unwavering commitment to social welfare. Their smiles and words of thanks reaffirmed the profound impact of even the simplest acts of kindness.

True to its mission, Shakarganj Foundation remains steadfast in serving humanity, one gesture of care at a time and continues to foster positive, lasting change in the lives of those who need it most.



Shakarganj Vocational Lab at SAS #02 GGPS Chah Blochan



Shakarganj Foundation is proud to announce the inauguration of its 2nd Shakarganj Vocational Lab at Shakarganj Adopted School (SAS) #02, Chah Balochan, on **December 5th - 2025**. This community-driven initiative marks another milestone in our mission to bridge the digital divide by equipping local students with essential computer and technological skills that enhance their education and open doors to brighter futures. Through hands-on training and digital literacy, we are not just teaching technology, we are cultivating confidence, curiosity, and opportunity.



Fostering Hope and Nourishment at Sweet Home Jhang



Shakarganj Foundation extended a helping hand to Sweet Home - Jhang with a generous donation of 25 kg of rice, 50 kg of sugar, and 5 liters of cooking oil. For the children residing there, these essential provisions mean more than just meals, they represent care, security, and the assurance that their well-being matters. By addressing basic nutritional needs, we strive to create an environment where every child can grow, learn, and thrive, free from the worry of tomorrow's meal.

This contribution is part of our ongoing Social Action Program, through which the Foundation remains steadfast in its commitment to supporting Sweet Home - Jhang and nurturing the potential of every young life it shelters.



Ramzan Packages Distribution Drives (SML-I) Jhang



On **February 28th - 2026**, Shakarganj Foundation held its third annual Ramzan Packages Distribution Drive at Shakarganj Limited (SML-I) in Jhang, a cherished tradition that embodies the true spirit of the holy month. Each thoughtfully assembled package contained essential provisions, including Mungi Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour, carefully chosen to ease the burden of fasting families and bring warmth to their tables.

A total of 250 packages were distributed to community members in need, spreading not just sustenance but also joy, solidarity, and hope. This initiative reflects our enduring commitment to generosity, compassion, and the belief that small acts of kindness can uplift entire communities.

We extend our heartfelt gratitude to our generous donors, whose unwavering support turned this vision into reality. Together, we continue to make a meaningful difference, one family, one meal, one prayer at a time.



Ramzan Packages Distribution Drives (SML-I) Jhang

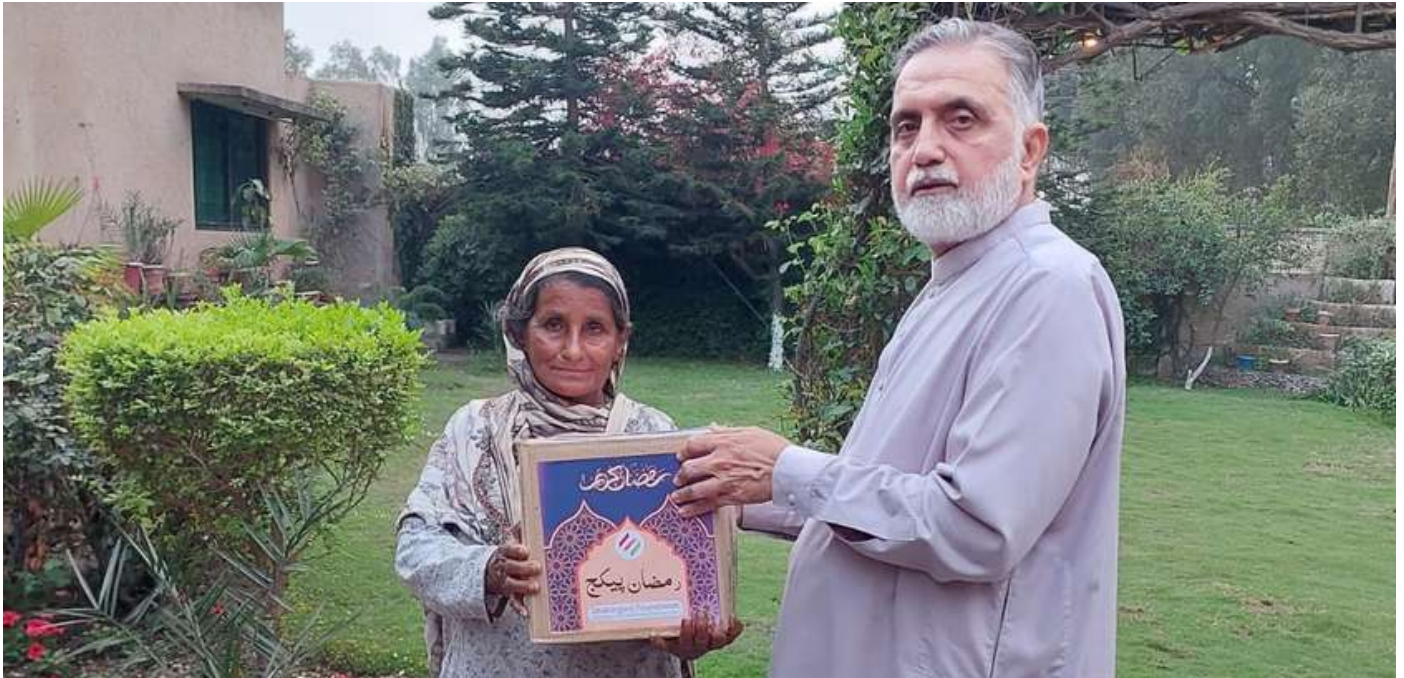


On **March 18th - 2026**, Shakarganj Foundation held its third annual Ramzan Packages Distribution Drive at Shakarganj Limited (SML-I) in Jhang.

A total of 25 packages were distributed to community members in need, spreading not just sustenance but also joy, solidarity, and hope. This initiative reflects our enduring commitment to generosity and compassion, values that lie at the heart of Ramzan and of our mission to serve.



Ramzan Packages Distribution Drives (SML-II) Bhone



On **February 27th - 2026**, Shakarganj Foundation held its third annual Ramzan Packages Distribution Drive at Shakarganj Limited (SML-II) in Bhone.

A total of 40 packages were distributed to community members in need, spreading not just sustenance but also joy, solidarity, and hope.



Ramzan Packages Distribution Drives (Lahore Office)



On **March 19th - 2026**, Shakarganj Foundation proudly held its inaugural Ramzan Packages Distribution Drive in Lahore, marking a significant milestone in our mission to serve communities beyond Jhang. Each package was thoughtfully assembled with essential provisions, including Mungi Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour, carefully chosen to ease the burden of fasting families and bring warmth to their tables.

A total of 21 packages were distributed to families in need, spreading not just sustenance but also joy, solidarity, and hope. This historic first step in Lahore reflects our enduring commitment to generosity and compassion, values that lie at the heart of Ramzan and of our mission to serve.

We extend our deepest gratitude to our donors and well-wishers, whose support made this expansion possible. This is just the beginning and we look forward to reaching even more families in the years to come.



Darkhshan Model School for Vision Impaired Students



Shakarganj Foundation's Social Action Projects Committee (SAPC) recently visited Darkhshan Model School (درخشان ماڈل سکول برائے نابینا افراد), a residential boarding school dedicated to the education and care of visually impaired students. Currently, 28 students live and study within its nurturing environment, where they receive not only academic instruction but also the support needed to build independent, confident futures.

During the visit, the SAPC met with Mr. Ghulam Shabbir Gohar (General Secretary, Pakistan Association of Blind, Jhang) to explore meaningful avenues for collaboration. Together, they discussed how the Foundation can best support the institute and its students through resources, skill development, or other interventions that can truly enhance their quality of life. This visit marks the beginning of a promising partnership rooted in compassion and shared purpose.



Darkhshan Model School for Vision Impaired Students



Shakarganj Foundation organized its 3rd Community Food Drive in Darkhshan Model School for Vision Impaired Citizens on May 11th - 2026. This initiative witnessed the distribution of 35 food packages to the students and staff members of this school.



Anytime juice distribution at Darkshan Model School on April 24th - 2026.



An Aftar Party was conducted at Darkshan Model School on March 13 - 2026. All students and staff members were served with Dates, Rice Boxes, Gulab Jamun and juices. Ramadan emphasizes giving to those in need, fostering compassion and social responsibility.



Fruit Distribution Drive #01 at Darkshan Model School on February 11th - 2026. Students and staff members received apples and bananas.



Dr. Muhammad Aamir
Manager (Public Health)

Manager Public Health's Message

Shakarganj Foundation continues to advance its mission of promoting health, preventing disease, and improving quality of life across District Jhang. Through a strong commitment to compassion, innovation, and accessibility, the Foundation has been extending healthcare services to underserved populations, ensuring that no one is left behind. Its healthcare teams actively engage with communities, schools, and workplaces, empowering individuals through medical care, health education, and preventive services to build a healthier and more resilient society.

For over two decades, the Foundation's Healthcare Department has provided free medical services through stationed dispensaries in Jhang and Bhone, as well as mobile units in Gilmala, Chund Bharwana, Kot Lakhnana, and Shabir Abad. Staffed with qualified doctors, nurses, and dispensers, these facilities offer free consultations, medicines, basic healthcare services, and health awareness counseling, ensuring healthcare reaches even underserved areas.

Focusing on future generations, the Foundation conducted medical camps in schools to provide health screenings, nutritional assessments, and preventive education, enabling early identification of health issues and improved student well-being. Community medical camps at dispensaries also offered examinations, free medicines, and referral support, strengthening access to essential services.

A major milestone was the launch of the Community Health Program 2025–2026 in collaboration with Fitwell HUB, offering free online specialist consultations in cardiology, mental health, and nutrition, ensuring timely diagnosis and expert guidance without financial burden.

Looking ahead, Shakarganj Foundation plans to expand its healthcare outreach by organizing additional medical camps across schools, stationary facilities, and mobile units. The Foundation also continues to promote preventive healthcare through initiatives like hepatitis awareness and screening campaigns in collaboration with community partners. With a focus on early intervention, health education, and community engagement, the Foundation remains committed to building a future where accessible and quality healthcare is available to all.

Healthcare Mission

Stationed Free Dispensaries



Muhammad Yar Rahi Stationed Free Dispensary (SML-I) Jhang



Stationed Free Dispensary (SML-II) Bhone

Shakarganj Foundation established its first Stationed Free Dispensary in **March 2010 at Shakarganj Limited (SML-I), Jhang**, followed by a second facility in **August 2012 at Shakarganj Limited (SML-II), Bhone**. Both dispensaries are staffed by qualified doctors and nurses, providing accessible, high-quality healthcare to Shakarganj Limited employees and the surrounding communities of Jhang and Bhone.

To date, these facilities have **treated an impressive 258,134 patients**, a testament to the Foundation's unwavering commitment to public health. This number continues to rise daily, reflecting the growing trust the community places in our services and our determination to ensure that quality healthcare reaches every individual in need.

Healthcare Mission

Mobile Free Dispensaries



Gilmala



Chund Bharwana



Kot Lakhnana



Shabir Abad

Since its **launch in 2003**, Shakarganj Foundation's Mobile Free Dispensaries program has been bringing essential healthcare directly to underserved communities. Through four fully equipped mobile clinics, converted vans functioning as field hospitals on wheels, the program delivers quality medical care to areas with limited access to health facilities. Each unit is staffed by qualified doctors and paramedical personnel, ensuring professional and compassionate service at every stop.

These mobile dispensaries make daily visits to medical centers in Gilmala, Chund Bharwana, Kot Lakhnana, and Shabir Abad, reaching patients who might otherwise go without care. To date, the program has **treated 307,856 patients**, a number that continues to rise with every passing day.

Combined with the **258,134 patients served** at the Foundation's Stationed Free Dispensaries, the **total impact stands at an impressive 565,990** lives touched through Shakarganj Foundation's healthcare initiatives. This milestone reflects decades of unwavering commitment to making quality healthcare accessible to all.

Medical Camps



As part of its enduring commitment to community welfare, Shakarganj Foundation has been conducting a series of impactful medical camps that serve as critical lifelines for underserved populations. These camps bring together dedicated medical professionals and volunteers to address prevalent health concerns while alleviating pressure on local healthcare infrastructure.

Each camp offers a broad spectrum of services, including general health check-ups, diabetes and hepatitis screenings, eye examinations, and malnutrition treatment. Beyond immediate care, these camps prioritize early detection and disease prevention, empowering individuals with the knowledge and resources to take charge of their health.

In addition to consultations and screenings, the Foundation distributes free medicines, ensuring that financial constraints never stand in the way of treatment. Through these concerted efforts, the medical camps deliver both urgent relief and long-term health benefits, reinforcing the Foundation's unwavering dedication to building healthier, more resilient communities.



Medical Camps



Shakarganj Foundation organized a successful Free Pain Management Camp on June 30th - 2026 at Muhammad Yar Rahi Dispensary. **Dr. Zoha Husnain Chauhan** examined 50 patients. All patients received free-of-cost medications from medical camp. Shakarganj Foundation extends its heartfelt gratitude to Dr Zuha Husnain for generously donating her time and expertise to further our cause of Education and Healthcare for Everyone.



Dr. Esha Nasir, Consultant Nutritionist at Shifa Medical Center, Civil Lines Jhang graciously dedicated her time to speak with students at Shakarganj Foundation's Jhang Art Gallery on June 29th - 2026. It was 1st ever Nutrition Camp which was conducted at Jhang Art Gallery. Shakarganj Foundation extends gratitude to her for generously donating her time and expertise to further our cause of Education and Healthcare For Everyone.



Shakarganj Foundation in collaboration with Asian Cell Pharma organized a successful Free General Medical Camp at Mobile Free Dispensary Gilmala on June 10th - 2026. **Dr. Muhammad Asim Qayyum** examined 75 patients. All patients received free-of-cost medications from medical camp.



Shakarganj Foundation, in collaboration with Shaigan Pharma, organized a successful Free Arthritis Medical Camp on May 6th - 2026 at the Muhammad Yar Rahi Stationed Free Dispensary (SML-I) Jhang. **Dr. Ayesha Fatima** examined 33 patients suffering from joint pain.

Medical Camps



Dr. Shahid Adeel (Ophthalmologist), and **Mr. Irfan Muhammad** (Technician) conducted the 3rd Free Eye Examination Camp at (SAS) #03 GGES on April 28th - 2026. He examined a total of 73 patients.



Shakarganj Foundation organized a successful Free Gynae Medical Camp on April 13th - 2026 with the Collaboration of Asian Continental Pharma at Muhammad Yar Rahi Stationed Free Dispensary (SML-I) Jhang. **Dr. Ayesha Fatima** examined 70 patients with Endometriosis and Fibroids, Menstrual Irregularities, Termination of Pregnancy and various other conditions.



Shakarganj Foundation in collaboration with Asian Continental Pharma organized a successful Free General Medical Camp on February 24th - 2026 at Mobile Free Dispensary Gilmala. **Dr. Muhammad Asim Qayyum** examined 72 patients and conducted sugar and uric acid tests.

Complete Details Of Medical Camps (July 2025 – June 2026)

Medical Camps at Shakarganj Adopted Schools & Dispensaries

Date	Activity	Location	Description	Citizens Benefited
24-02-2026	General Medical Camp Dr. Muhammad Asim Qayyum	1	Mobile Free Dispensary Gilmala.	72
13-04-2026	Gynae Camp Dr. Ayesha Fatima	1	Stationed Free Dispensary (SML-I)	70
28-04-2026	Eye Camp Dr. Shahid Adeel	1	SAS #03 GGPS Insaf School	73
06-05-2026	Gynae Camp Dr. Ayesha Fatima	1	Stationed Free Dispensary (SML-I)	33
10-06-2026	General Medical Camp Dr. Muhammad Asim Qayyum	1	Mobile Free Dispensary Gilmala	75
29-06-2026	Nutritional Camp Dr. Esha Nasir	1	Jhang Art Gallery	100
30-06-2026	Pain Management Camp Dr. Zoha Husnain Chohan	1	Muhammad Yar Rahi Dispensary	45
	Total			468



Healthcare Mission

SF – TMSG Fight Against Malnutrition



On **December 2nd - 2023**, the Shakarganj Foundation, in partnership with the Trust for Malnutrition and Stunted Growth (TMSG), officially launched the Fight Against Malnutrition project. The inauguration ceremony took place at the Foundation's Muhammad Yar Rahi Stationed Free Dispensary, located at Shakarganj Limited (SML-I), Jhang, and was graced by the presence of **Mr. Salman Mubarak**, a dedicated TMSG trustee, alongside **Dr. Najeeb Syed**.

This collaborative initiative reflects a shared commitment to combating malnutrition, beginning in Jhang and Bhone, with a long-term vision to expand impact across Pakistan. To date, the program has provided **treatment to 4,892 children**, marking a significant milestone in the fight against this pressing public health crisis. We extend our deepest gratitude to Dr. Najeeb Syed and Mr. Salman Mubarak for their invaluable partnership and unwavering support.





Shakarganj Foundation

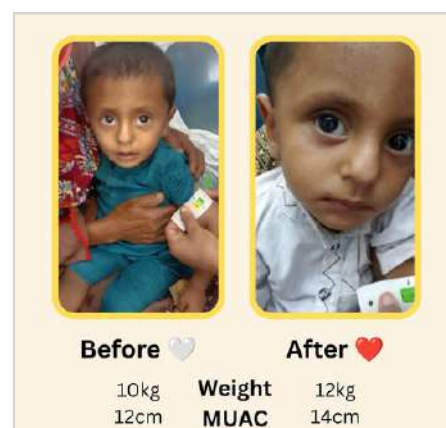
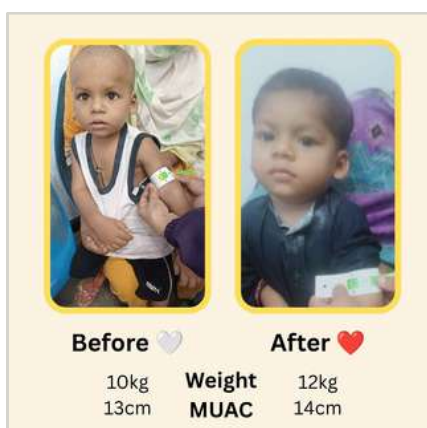
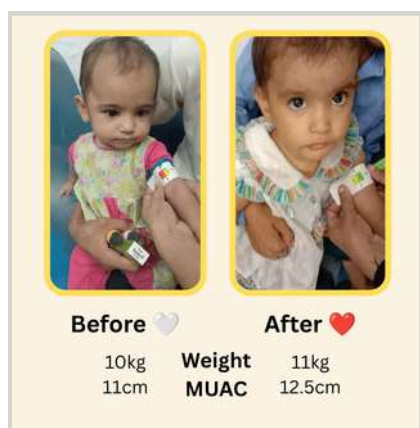
SF-TMSG Fight Against Malnutrition

Muhammad Yar Rahi Statined Free Dispensary (SML-I) Jhang

Start Date	Total Children Examined	Age	Healthy	Under W/H	MAM	SAM	After Treatment
02-12-2023	4,887	6-59 Months	3,482	1,215	140	50	190

Stationed Free Dispensary (SML-II) Bhone

Start Date	Total Children Examined	Age	Healthy	Under W/H	MAM	SAM	After Treatment
23-12-2023	1,658	6-59 Months	1,410	239	5	4	9



Shakarganj Foundation

Healthcare Heroes



Dr. Muhammad Aamir
MD (MBBS) DTCD PK
Manager (Public Health) in
Social Action Program



Dr. Ijaz Sultan
MBBS DOMS
Ophthalmologist and Gold Medalist
Consultant at DHQ Hospital Jhang



Dr. Sabika Zia
Master in Food and Nutrition
M Phil in Nutrition
Consultant at Anzalna Clinic



Dr. Talal Mazhar
BDS (LMDC)
RDS. C-Ortho (IDE), D-Ortho (UK)
Consultant at Bilal Medical Complex



Dr. Luqman Ali
MBBS (BKK), CFM (UHS)
Consultant Dermatologist
DHQ Hospital Jhang



Dr. M. Javed Chaudhry
MD (MBBS), RMP (PK)
Medical Officer
DHQ Hospital Jhang



Dr. Danyal Mazhar
MBBS and MS-MD (Part-1)
Family Physician
Ismail Medicare Jhang



Dr. Muhammad Asim Qayyum
MD (MBBS)
Physician & Surgeon
Medical Officer DHQ Hospital TTS



Dr. Shahid Adeel
MBBS DOMS
Ex PGR Anwa Medical
MO DHQ Hospital Jhang

Shakarganj Foundation

Healthcare Heroes



Dr. Ayesha Fatima
MBBS DGO
**Consultant Gynecologist Ismail
Medicare**



Dr. Zunaira Hafeez
MBBS MCPS (Gynae)
**Consultant Gynecologist (Syria Kalsoom
Hospital) WMO DHQ Hospital Sahiwal**



Dr. Esha Nasir
BS.Human Nutrition & Dietetics
**Consultant Dietitian at Shifa Medical
Complex Jhang**



Dr. Zoha Husnain Chauhan
Doctor of Physical Therapist
Consultant Physiotherapist.
**Anzalna Kidney Care Hospital
Gojra Road Jhang**



Malik Waseem Bahadur Khan
Director (Jhang Art Gallery)

Director Jhang Art Gallery's Message

It is with profound pride and gratitude that I present the evolving legacy of Jhang Art Gallery, a flagship initiative of Shakarganj Limited's Social Action Program since its inception in 2000. Over two decades, our gallery has flourished into a beacon of creativity, cultural stewardship, and socio-economic empowerment in the heart of Jhang. Our vision rests on a dual commitment: cultivating artistic excellence and championing women's empowerment.

Through dynamic programs in Fine Arts and Fashion Designing, we provide immersive, hands-on training in painting, sculpture, ceramics, embroidery, tailoring, and decorative arts. These disciplines not only refine aesthetic sensibility but also equip our students—especially young women—with marketable skills that foster financial independence and dignity.

This year marks a milestone of impact. I am delighted to share that 450 students have successfully graduated from our courses, joining a growing alumni network of over 15 thousand creative professionals. Their achievements stand as a testament to the transformative potential of art education.

Preserving our heritage remains central to our mission. We accord special reverence to calligraphy, an integral facet of our Islamic and cultural identity. This year, our Calligraphy Summer Camp drew enthusiastic participation, reigniting passion for this timeless art among youth and ensuring its continuity for generations to come.

Through exhibitions, workshops, seminars, and talent hunts, we continue to provide a vibrant platform for emerging artists to showcase their talent and gain public recognition.

I extend my heartfelt gratitude to Shakarganj Limited and the dedicated team of the Social Action Program, Jhang, whose unwavering support makes this journey possible. Together, we are not merely teaching art—we are shaping futures, uplifting communities, and enriching the cultural soul of our society.

Art is more than expression; it is empowerment, heritage, and progress. Thank you.

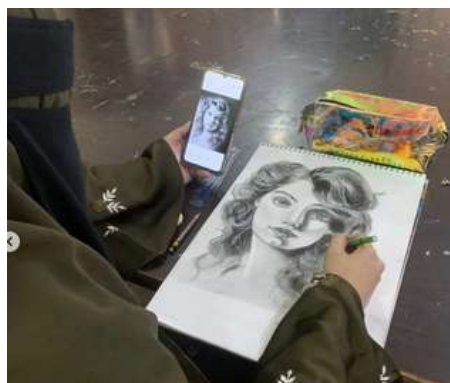
Jhang Art Gallery



Established in 2000, Jhang Art Gallery stands as a cornerstone of Shakarganj Foundation's Social Action Program. A vibrant institution with a multifaceted mission: fostering local artistic talent, preserving cultural heritage, empowering women, alleviating poverty, and advancing skill development. Through talent hunts, curated exhibitions, seminars, and hands-on workshops, the Gallery provides emerging artists with a dynamic platform to refine their craft and gain meaningful exposure.

Beyond nurturing creativity, the Gallery plays a vital role in safeguarding the region's legacy of arts, crafts, and calligraphy. It prepares artists for advanced studies and professional training while cultivating public appreciation for the arts. Equally important, it inspires young people to channel their energy into constructive and creative pursuits, steering them toward purposeful engagement.

The impact of these efforts is reflected in the numbers: during the **2025–2026** academic year alone, **355 students** graduated from the Gallery's Fashion Designing and Fine Arts courses, bringing the **total number of graduates to an impressive 6,694**. Jhang Art Gallery remains a beacon of cultural enrichment and socio-economic empowerment, transforming lives, one artist at a time.



Fine Arts and Summer Calligraphy Camp



Every summer, Jhang Art Gallery transforms into a vibrant hub of creativity with its annual calligraphy classes for students. Complementing this is a six-month Fine Arts course that welcomes **18 female students each year**, offering an immersive curriculum spanning Fine Arts, Painting, Pottery, Ceramics, Glass, Tile, Sculpture, and Calligraphy, a rich tapestry of traditional and contemporary techniques.

The fruits of this dedicated learning are proudly showcased at the Annual Exhibition, held at District Council Jhang. This much-anticipated event is more than an exhibition, it is a celebration of talent, perseverance, and artistic voice. Students are honored with prizes and certificates in recognition of their hard work, while the community gathers to applaud their achievements. For these young artists, it is a moment of pride and a stepping stone to greater creative journeys.



Fashion Designing



The Fashion Designing course at Jhang Art Gallery offers **19 female students per batch** a transformative six-month journey into the world of creative craftsmanship. The curriculum is both comprehensive and practical, covering cutting, stitching, embroidery, flower making, candle making, mirror work, and adda work, skills that blend tradition with market demand.

Upon completion, graduates emerge not just as skilled artisans, but as empowered individuals ready to earn a dignified livelihood from the comfort of their homes. This program does more than teach techniques; it builds confidence, independence, and economic agency, enabling women to contribute meaningfully to their households while pursuing their creative passions.

Through this initiative, Shakarganj Foundation reaffirms its belief that skill development is a powerful pathway to women's empowerment. By investing in women, we invest in families, communities, and a more equitable future.



Pottery work, Sculpture work Jhang Art Gallery



Healthcare Testimonials



“

My name is Sakina, and I am a mother who once watched her daughter suffer. Nabiha was severely undernourished, weak, with little appetite, and crying constantly. Every day was a struggle, and I felt helpless. Then, Nabiha was enrolled in a six-week nutritional treatment program at the Muhammad Yar Rahi Jhang-I Free Dispensary, run by Shakarganj Foundation. There, she received Ready to Use Therapeutic Food (RUTF), a lifeline in a small package. Within weeks, the change was nothing short of remarkable. She began eating well, gained weight, and her energy returned. The constant crying stopped, and in its place came laughter, play, and life. Today, my daughter is healthy, active, and full of promise. I will forever be grateful to Shakarganj Foundation and the dedicated dispensary staff for giving Nabiha a second chance and for giving me the peace of mind that every mother prays for.

”



“

My name is Nazia, and I once lived in the shadow of fear, watching my daughter Fariha battle severe malnutrition. She had no appetite, no strength, and her cries were a constant reminder of my helplessness. Despite trying everything I could, her condition only worsened. Then, someone told me about the Muhammad Yar Rahi Free Dispensary in Jhang, run by Shakarganj Foundation. The staff welcomed us without judgment, enrolled Fariha in a six-week nutritional program, and provided her with RUTF, a therapeutic food that would become her lifeline. Within weeks, she began to eat, gain weight, and grow stronger. The tears stopped, and joy returned to our home. Today, Fariha is a thriving, playful child, a living testament to the power of timely care.

”



“

My name is Muhammad Tahir, and I am 32 years old. I recently received care at the Muhammad Yar Rahi Free Dispensary through Shakarganj Foundation and Fitwell Hub joint venture, and I am truly satisfied with the services I received. The staff were not only professional but also genuinely kind, attentive, patient, and always ready to help. From the moment I arrived, they made me feel at ease, turning what could have been a stressful experience into a comforting one. I deeply appreciate their dedication to patient well-being, and I sincerely wish them continued success in their noble mission of serving the community. Their work matters, and it makes a real difference in the lives of people like me.

”



“

My name is Kashif Mehmood, and whenever I fall ill, I turn to the Mobile Free Dispensary at the Gilmala Center. It has become my trusted source of healthcare, always accessible, always reliable. The doctors and staff treat me with genuine respect and compassion, and I never feel like just another patient. Each consultation is thorough, and the medicines are provided promptly without any hassle. I am deeply grateful for this initiative. It brings quality healthcare directly to those who need it most, and I sincerely hope it continues to serve our community for years to come. For people like me, it is not just a dispensary, it is a lifeline.

”

SF and NCHD Literacy Program Testimonials



“

My name is Sadia, and I recently completed a three month literacy program at the Literacy Center in Mohalla New Abadi, Jhang City, established through the joint efforts of Shakarganj Foundation and NCHD. Before this program, I could neither read nor write. Today, I can read simple words, understand my electricity bills, and even help my children with their homework. More than just basic skills, this experience has given me confidence and the ability to handle daily tasks on my own. I am truly grateful to Shakarganj Foundation and NCHD for this life-changing opportunity. They have empowered me through the gift of education.

”



“

My name is Nargis, and I recently completed the literacy course at the Literacy Center in Mohalla Iqbal Nagar. Before enrolling, I couldn't read or write a single word. Today, I can recognize simple words, make sense of my electricity bills, and sit with my children to guide them through their homework. More than that, this experience has lifted my self-confidence and equipped me with practical skills I use every day. I am deeply thankful to the Shakarganj Foundation and NCHD for giving me this chance to learn, grow, and stand on my own feet.

”



“

I am Nasreen Kausar, and I had the privilege of attending the basic education program at the Literacy Center in Mohalla Kalwara Wala, Jhang City. This center was set up through a joint initiative by Shakarganj Foundation and NCHD. When I first started, I had no reading or writing skills whatsoever. Now, I can sound out words, read my utility bills with ease, and assist my children with their studies. The course didn't just teach me letters, it gave me self assurance and the freedom to manage my daily affairs without relying on others. My heartfelt thanks go to Shakarganj Foundation and NCHD for this transformative gift.

”



“

My name is Safia Bibi, and I was fortunate to take part in the literacy program at the Literacy Center in Chah Abbas wala, Moza Ashaba. At the start, I had no reading or writing ability. Today, I can read simple text, make sense of my electricity bills, and give my children a hand with their homework. More importantly, this experience has strengthened my self belief and enabled me to handle day to day responsibilities without depending on others. I offer my sincere appreciation to Shakarganj Foundation and NCHD for this life changing opportunity.

”

SF and NCHD Literacy Program Testimonials



“

My name is Sehrish, and I am a student in the Fashion Designing course at Jhang Art Gallery. This program truly exceeded my expectations in every way. The sessions were well structured, engaging, and packed with practical knowledge. I gained valuable hands-on experience in design principles, color theory, fabric selection, and garment styling through interactive activities and real world projects. I am sincerely grateful to our instructor for their dedication and to the entire team for fostering such a supportive and inspiring learning environment. This course has not only deepened my passion for fashion but also given me the confidence to pursue it more seriously and creatively.

”



“

My name is Iffat Naila, and I am a student in the Fine Art class at Jhang Art Gallery. Attending this class has been a truly enriching experience. The lessons were not only engaging and practical but also carefully designed to nurture both technical ability and creative thinking. With the instructor's expert guidance, I have grown significantly in my artistic skills, expanded my creative vision, and gained greater confidence in my work. I am genuinely thankful for the encouraging and positive atmosphere throughout the course, as well as the chance to experiment with a diverse range of art techniques. This experience has deepened my love for art and inspired me to continue exploring my creative potential.

”



“

My name is Saime Shareef, and I am enrolled in the Fine Arts class at Jhang Art Gallery. I truly enjoyed every moment of this course. Our instructor was not only kind and approachable but also consistently encouraged us to push our creative boundaries. Through hands on practice and constructive feedback, I was able to significantly improve my drawing and painting skills while also building greater confidence in my artistic abilities. I am deeply grateful for this valuable learning experience and would highly recommend this class to anyone passionate about fine arts.

”



“

My name is Zainab Riaz, and I am a student in the Fashion Designing class at Jhang Art Gallery. I had a truly wonderful experience throughout this course. The sessions were engaging, practical, and presented in a way that was easy to follow and absorb. Our instructor was patient, encouraging, and always motivated us to bring our unique creative visions to life. I am genuinely grateful for the skills and knowledge I have gained, and I would highly recommend this class to anyone looking to explore the world of fashion design.

”

Publications



A Long Road Ahead: The Struggle for Gender Equality

By: Mustapha Altaf Saleem – Member
(Social Action Projects Committee)
MBA

July 31st - 2025

Founded in 2000, Shakarganj Foundation was established with a clear mission: female empowerment in Pakistan's underserved communities. The team sought to bridge gender disparities, particularly in rural areas where populations remain sparse, livelihoods depend heavily on agriculture, and opportunities for women are scarce.

To read more, please visit sf.org.pk/publications



From Learning to Livelihood: How Skills Transform Communities

By: Hussain Malik– Member
(Social Action Projects Committee)
LLB

June 12th - 2026

In today's rapidly changing world, education alone is often not enough to secure economic independence. Practical skills and vocational training play a vital role in transforming lives, empowering individuals, and strengthening communities. Recognizing this need, Shakarganj Foundation has been actively contributing to community development through its free-of-cost FashionDesigning Program.

To read more, please visit sf.org.pk/publications

Publications



Education: The Most Powerful Weapon to Change the World

By: Samra Ashraf – Member
(Social Action Projects Committee)
MSc Psychology, MS Management with Project
Management (BPP University London)
June 29th - 2026

"Education is the most powerful weapon which you can use to change the world." — Nelson Mandela
Education is the foundation of progress and the key to a brighter future. It empowers individuals with knowledge, skills, and confidence to overcome challenges and improve their lives. Through education, people learn to think critically, solve problems, and make informed decisions that benefit themselves and society.

To read more, please visit sf.org.pk/publications



Diabetes: Its Impact on Our Life and Its Management

By: Dr. Muhammad Amir – Member (Social Action Projects Committee)
MD (MBBS) RU & DTCD Pak
June 29th - 2026

Diabetes is a long-term health condition that affects the body's ability to regulate blood sugar (glucose). If not properly managed, it can affect almost every aspect of daily life, including physical health, emotional well-being, work, and social activities. People with diabetes may experience symptoms such as frequent urination, excessive thirst, constant hunger, tiredness, blurred vision, and slow healing of wounds. Regular physical activity, such as walking or cycling for at least 30 minutes a day, improves insulin sensitivity and overall health.

To read more, please visit sf.org.pk/publications

Publications

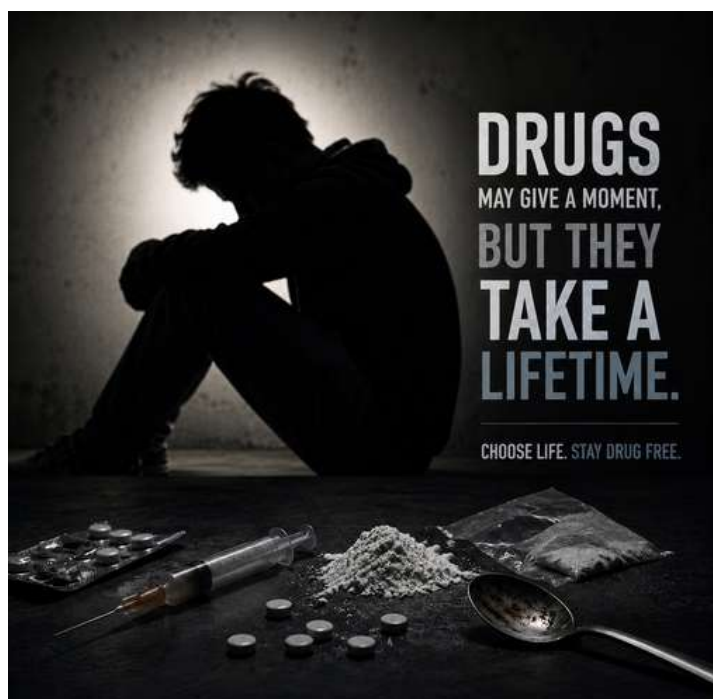


How Shakarganj Foundation is Shaping a Healthier, Better Educated and More Empowered Jhang

By: M. Pervez Akhtar – Member
(Social Action Projects Committee)
MSc Chemistry
June 30th - 2026

Development is not measured merely by roads, buildings or statistics. It is measured by the well-being of people the child who attends school with confidence, the mother who receives timely medical care, the young woman who acquires skills to shape her own future, and the communities that grow stronger through collective progress. For decades, Shakarganj Foundation has quietly worked to make this vision a reality across District Jhang.

To read more, please visit sf.org.pk/publications



Drug Addiction Among Youth: A Growing Challenge in Our Community

By: Dr. Shahid Hussain – Member
(Social Action Projects Committee)
PhD (Chemistry)
June 30th - 2026

Pakistan is at an important stage in its development, with more than 64% of its population under the age of 29. This young generation is the country's greatest strength and has the potential to drive future economic growth and social progress. However, one serious challenge is putting this future at risk: drug addiction. Every year, thousands of young people fall victim to substance abuse, affecting not only their own lives but also their families and communities.

To read more, please visit sf.org.pk/publications

Publications



Service Above Self

By: Muhammad Saifullah – Chairman
(Social Action Projects Committee)
BSc Electrical Engineering & EMBA
July 3rd - 2026

"Service Above Self" is more than just a motto—it is a way of life that inspires individuals and organizations to place the needs of others before their own. It reflects the belief that true success is not measured by personal achievements alone, but by the positive impact we create in the lives of those around us. Every act of kindness, whether large or small, has the power to transform individuals, strengthen communities, and inspire hope. This simple change in mindset has the potential to create lasting change in society.

To read more, please visit sf.org.pk/publications

Shakarganj Foundation

Social Action Projects Committee

in the Media (2025 - 2026)



On February 28th, 2026, Shakarganj Foundation held its third Ramzan Packages Distribution Drive at Shakarganj Limited. Each thoughtfully prepared package included essential items such as Mungli Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour, to support families during the holy month of Ramzan. This heartfelt initiative reflects our commitment to spreading joy, fostering unity, and upholding the values of generosity and compassion within the community. We extend our deepest gratitude to our generous donors, whose unwavering support made this initiative possible and impactful. Together, we continue to make a difference in the lives of the citizens we serve.



Ramzan Packages Distribution Drives

Covered by: City 41
February 28th - 2026



Shakarganj Vocational Lab inaugurated at Shakarganj Adopted School (SAS) #02 - Chah Balochan, expanding access to skill based training in the community



Shakarganj Vocational Lab at SAS #02 Chah Blocha

Covered by: City 41
December 6th - 2025

Shakarganj Foundation Collaborations



STANDPHARM



Shakarganj Foundation Collaborations



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We sincerely thank all generous contributors for their support in our mission to provide education and healthcare for everyone