



SHAKARGANJ FOUNDATION

EDUCATION AND HEALTHCARE FOR EVERYONE

Newsletter 2025

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**A NON-PROFIT
ORGANIZATION
SINCE 2000**

- Education
- Healthcare
- Art Gallery



24 Years of Community Service

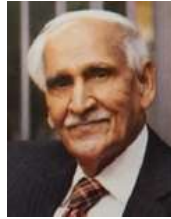
Shakarganj Foundation has been providing free of cost education assistance, healthcare services and practical home economics programs in remote areas of Pakistan's Punjab province for over two decades.

Shakarganj Foundation's Team

Board of Governors



Mian Altaf M. Saleem
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Vice Chairman



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Chairman



Dr. Shahid Hussain
Vice Chairman



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Dr. Muhammad Aamir
Manager (Public Health)



Mian Mustapha Altaf Saleem
Member



M. Pervez Akhtar
Member



Manzoor Hussain Malik
Member



Muhammad Hussain Malik
Member

Contact Us

 5 km, Toba Tek Singh Road, Jhang, Pakistan

 +92 47 763 1001

 foundation@sf.org.pk

 www.sf.org.pk

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Significant Projects

SF - Fitwell Hub Collaboration

Inaugural Ceremony of Shakarganj Foundation - Fitwell Hub Collaboration was held at Muhammad Yar Rahi Stationed Free Dispensary at SML I Jhang on January 13th - 2025. **Mr. Muhammad Saleem - Trustee Fitwell Hub was in attendance.**

He witnessed patients attending their appointments virtually via Fitwell Hub's telehealth services platform.

2024

Relaunch of Female Adult Literacy Program

Shakarganj Foundation has relaunched its Female Adult Literacy Program, **offering free Urdu literacy and basic math education to women aged 30 to 55 from underprivileged communities.** The first Female Adult Literacy Center was inaugurated in Ashaba on December 3rd - 2024, followed by the opening of the second center in Jhang City on December 4th - 2024.

2024

Winter Clothing Distribution Drives

Through this initiative Shakarganj Foundation supplies sweaters, shoes and socks to students, ensuring their physical well-being and encouraging regular school attendance. **To date, the Foundation has conducted eleven Winter Clothing Distribution Drives, benefiting over 1,400 students.**

2024

Darkhshan Model School for Vision Impaired Students

Shakarganj Foundation's Social Action Projects Committee (SAPC) visited Darkhshan Model School (درخشان ماڈل سکول برائے نابینا افراد) which is a boarding school for visually impaired persons. A total of 27 students live and study here. Shakarganj Foundation gifted Talking Watches to 27 students and 3 instructors on December 5th - 2025.

2024



Muhammad Saifullah

Chairman (Social Action Projects Committee)

Chairman SAPC's Message

It is with great pride that I present the Second Edition of the Shakarganj Foundation Newsletter, showcasing our continued commitment to serving humanity through impactful and sustainable initiatives.

As Chairman of the Social Action Projects Committee, I am honored to share the progress we have made this year. In education, we adopted and improved 22 Government Girls Elementary and Primary Schools, carrying out infrastructure repairs and maintenance,

along with initiatives such as Winter Clothing Drives, Sports Gear Distribution Seminars, the Talib Hussain Education Scholarship Program, Fruit Drives, and Community Food Programs.

In healthcare, our free mobile and stationary dispensaries in Jhang and Bhone continue to deliver essential care, and we have equipped the Muhammad Yar Rahi Free Dispensary in Jhang. Under our Nutritional Program, students in two primary schools receive Oolala flavored milk, and Fruit Drives are conducted across all adopted schools to promote better health.

Our Jhang Art Gallery continues to empower women through fashion design and fine arts courses, equipping them with valuable skills to support their families.

I am deeply thankful to our compassionate friends and the dedicated members of our team whose unwavering support has been instrumental in realizing our shared goals. I would especially like to acknowledge the continued commitment of Mian Mustapha Altaf Saleem, whose support has been vital to the success of all our projects.

As we look to the future, I humbly request your prayers and continued support in this noble mission. Together, let us remain united in our efforts to bring meaningful change to the lives of those who need it most.

Thank you.



Samra Ashraf

Manager (Social Action Program)

Manager SAP's Message

As we look back on the past year, I want to take a moment to reflect on the incredible progress we've made together. It is truly inspiring to see the passion, creativity, and dedication each of you brings to our work every day. This newsletter is a chance to celebrate our achievements, share important updates, and highlight the stories that make our team unique. From new projects and milestones to recognizing the hard work and contributions of our colleagues-there is so much to be proud of.

Over the last year, Shakarganj Foundation conducted nine fruit drives across our nine adopted schools, distributing fresh seasonal fruits such as bananas, oranges, and apples to students, as well as teaching and non-teaching staff-benefiting 1,457 individuals. To provide basic health awareness among students, we organized various medical camps-including Eye Examination, Dermatology, Nutritional, and Dental Camps-in four adopted schools, where 2,317 students were examined and provided free medicines.

In addition, our initiatives included Sports Gear Seminars, the Sugar Rice Drive, Dairy Milk Drive, Winter Clothing Drive, and Clothing Drive for teaching and non-teaching staff. Through our Community Food Drives, we served meals at Sweet Home and in adopted schools, benefiting 2,489 individuals. The Ramzan Food Packages Distribution was another remarkable success for the Foundation.

Looking ahead, we have exciting opportunities on the horizon. Together, we will continue to innovate, collaborate, and push the boundaries of what we can achieve. With your continued commitment and teamwork, I am confident we will meet-and even exceed-our goals. For this year, Shakarganj Foundation has set ambitious milestones, aiming to at least double our progress in each activity.

Meanwhile, Jhang Art Gallery is focusing on two courses-Fashion Designing and Fine Arts. We are proud to showcase the remarkable talent of both emerging and established artists who challenge conventional ideas and push the limits of creativity and expression. Each exhibit is a journey-offering fresh perspectives and a vivid exploration of the world through the eyes of the artists.

Thank you for your ongoing dedication and for making our work environment such a positive and collaborative space. Let's keep the momentum going and continue to achieve great things together!

Shakarganj Adopted Schools (SAS)



List of Shakarganj Adopted Schools (SAS)

	SCHOOL NAME	DISTANCE FROM SML I (JHANG)	TEACHERS	STUDENTS
1	Govt. Girls Primary School SML Campus	250M	5	137
2	Govt. Girls Primary School Chah Balochan	400M	5	95
3	Govt. Girls Elementary Insaf School	3km	7	112
4	Govt. Girls Elementary School Wah Wala	6km	14	164
5	Govt. Girls Primary School Chowck Shaheedan	7.5km	6	101
6	Govt. Girls Primary School Korian	8km	5	125
7	Govt Girls Elementary School Chak 268 J.B	9km	13	320
8	Govt. Girls Elementary School Chak 460 J.B	11.5km	11	152
9	Govt. Girls Elementary School Thatta Guniana	12.7km	11	293
10	Govt. Girls Elementary School Ashaba	13.5km	13	402
11	Govt. Girls Elementary School Chak 265 J.B	15km	13	319
12	Govt. Girls Elementary School Haveli Lal	19.5km	9	274
13	Govt. Girls Elementary School Chak 220 J.B	21km	20	493
14	Govt. Girls Elementary School Kot Dewan	22km	11	336
15	Govt. Girls Elementary School Shahabal	24km	11	380
16	Govt. Girls Primary School Chak 450 J.B	26km	8	240
17	Govt. Girls Elementary School Kot Khan	36km	7	273
18	Govt. Girls Elementary School Kot Murad	41km	7	369
19	Govt. Girls Primary School Darghai Shah	42km	4	126
20	Govt. Boys Elementary School Darghai Shah	43km	14	388
21	Govt. Girls Elementary School Bhone Bhor	61km	9	155
22	Govt. Girls Primary School Jan Muhammad Nou	53km	2	50

Relaunch of Female Adult Literacy Program



Shakarganj Foundation has relaunched its Female Adult Literacy Program, offering free Urdu literacy and basic math education to women aged 30 to 55 from underprivileged communities. The first Female Adult Literacy Center was inaugurated in Ashaba on December 3rd - 2024, followed by the opening of the second center in Jhang City on December 4th - 2024. With a donation of just 50,000 rupees, you can sponsor a program to empower 30 women to complete a three month course, providing them with essential skills to enhance their lives.



Relaunch of Female Adult Literacy Program



Shakarganj Foundation has relaunched its Female Adult Literacy Program, providing free Urdu literacy and basic math education to women (aging 30-55 years) in underprivileged communities. The second Female Adult Literacy Center was opened in Jhang City on December 4th - 2024.



Shakarganj Foundation has relaunched its Female Adult Literacy Program, providing free Urdu literacy and basic math education to women (aging 30-55 years) in underprivileged communities. The first Female Adult Literacy Center was opened in Ashaba on December 3rd - 2024.

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Since 2003, Shakarganj Foundation's *Nutritional Program* has been dedicated to combating nutritional deficiencies among students. Fresh fruits, packed with essential vitamins, minerals, and antioxidants, are nature's gift for healthy growth and development. By making these wholesome options easily available in schools, we inspire children to make healthy choices that can last a lifetime.

In the 2024-2025 academic year, the Foundation brought smiles and health to young learners by organizing **five Fruit Drives** across five schools - reaching **440 students and 37 staff members**.

Shakarganj Foundation proudly reaffirms its commitment to nourishing the next generation, continuously expanding this initiative to meet the evolving needs of students and ensure a lasting, positive impact on their health and well-being.



Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #05 at SAS #06 - GGPS Korian School on January 21st - 2025.



Fruit Distribution Drive #04 at SAS #05 - GGPS Chowk Shaheedan School on January 20th - 2025.



Fruit Distribution Drive #03 at SAS #04 - GGES Wah Wala School on December 17th - 2024.



Fruit Distribution Drive #02 at SAS #03 - Insaf Elementary School on December 6th - 2024.

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #01 at SAS #01 - GGPS
SML Campus on November 19th - 2024.

Community Food Drives



Shakarganj Foundation continues to stand at the forefront of the fight against food insecurity, bringing relief and nourishment to communities across Jhang, Bhone, and nearby areas through its *Community Food Drives*. These efforts reflect the Foundation's unwavering commitment to social responsibility and the upliftment of those in need.

With carefully planned distributions, the program ensures that vulnerable families and individuals have access to wholesome, nutritious meals - offering not just food, but comfort and dignity during difficult times.

In the 2024-2025 year alone, **732 food packets** were distributed, directly touching lives and easing hardships for countless people. Through these initiatives, Shakarganj Foundation continues to inspire a spirit of generosity and strengthen the bonds of compassion within the community.



Community Food Drives



Shakarganj Foundation organized Roshan Distribution Drive at Government College of Technology (TEVTA), Jhang on April 25th - 2025. Each thoughtfully prepared package included essential items such as Mung Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour, to support underprivileged families.



Omelette and Paratha Drive at (SAS) #02 students and staff members enjoyed a nutritious and delicious meal of omelettes and parathas on February 12th - 2025. Packed with protein from the eggs and essential carbohydrates from the parathas, the meal provided a balanced and energizing start to the day. The event was a great way to promote healthy eating while bringing the community together.



Omelette and Paratha Drive at (SAS) #01 students and staff members enjoyed a nutritious and delicious meal of omelettes and parathas on February 10th - 2025. Packed with protein from the eggs and essential carbohydrates from the parathas, the meal provided a balanced and energizing start to the day. The event was a great way to promote healthy eating while bringing the community together.



Shakarganj Foundation organized Nutritious Soup Drive in SAS #01, SAS #02 and Muhammad Yar Rahi Stationed Free Dispensary on January 23rd - 2025. This initiative witnessed the distribution of 250 bowls of hot and sour soup to the students, patients and staff members.

Community Food Drives



Shakarganj Foundation organized Community Food Drive in Darkhshan Model School for Vision Impaired Citizens on January 22nd - 2025. This initiative witnessed the distribution of 40 food packages to the students and staff members of this school.



Shakarganj Foundation organized its 1st Community Food Drive during the Year 2024 - 2025 in Bhone Village on January 2nd - 2025. This initiative witnessed the distribution of 200 food packages to the residents of Bhone community.

Talib Hussain Education Scholarship

Launched on **September 7th - 2023**, the *Talib Hussain Education Scholarship* was created to support bright and deserving students who lack the financial means to continue their studies. This scholarship program covers all educational disciplines within the city of Jhang, ensuring that talent and ambition are never held back by economic barriers.

In the 2023–2024 academic year, **two scholarships** were awarded to students in need. For 2024-2025, **two more deserving students** are on the waiting list - and the Foundation is determined to grant them this opportunity within the year.

Through this initiative, Shakarganj Foundation reaffirms its belief that education is the key to unlocking potential, breaking the cycle of poverty, and shaping a brighter future for our community.



Shakarganj Foundation awarded the Talib Hussain Education Scholarship to Mr. Qaisar Ali Cheque disbursement on September 11th - 2024. Who is currently pursuing a BS in Chemistry at Government Post Graduate College, Jhang.

Sports Gear Distribution Seminars



Shakarganj Foundation is dedicated to helping students grow by supporting not only their studies but also their participation in sports. Through a series of *Sports Gear Distribution Seminars* held across its adopted schools, the Foundation highlights the importance of providing students with the tools they need to actively take part in physical activities.

These initiatives go beyond promoting athletic skills - they encourage holistic growth, where intellectual development is complemented by the benefits of physical fitness, teamwork, and discipline. By equipping young learners with quality sports gear, the Foundation fosters an environment where students can excel both academically and athletically.

In the 2024–2025 academic year, **six Sports Gear Distribution Seminars** were held in six schools, where students received cricket bats, balls, wickets, footballs, and skipping ropes - empowering them to play, learn, and grow.



Sports Gear Distribution Seminars



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at Shakarganj Adopted School (SAS) #10 Govt. Girls Elementary School Ashaba on February 19th - 2025.



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at SAS #09 Govt. Girls Elementary School Thatta Guniana on February 11th - 2025.



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at SAS #08 Govt. Girls Elementary School Chak 460 J.B on February 3rd - 2025.



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at GGHS Ghazi Abad on January 29th - 2025.

Sports Gear Distribution Seminars



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at SAS #07 - Elementary School Chak 268 J.B on January 15th - 2025.



Shakarganj Foundation hosted a Sports Gear Distribution Seminar at SAS #06 - Primary School Korian on January 14th - 2025.

Winter Clothing Distribution Drives



Through this initiative Shakarganj Foundation supplies sweaters, shoes and socks to students, ensuring their physical well-being and encouraging regular school attendance. The Foundation has conducted **two Winter Clothing Distribution Drives** during 2024-25 academic year, benefiting over **194 students**. These drives aim to meet basic needs so students can better concentrate on their studies. By creating a more welcoming learning environment, Shakarganj Foundation is making significant strides in community upliftment and empowerment.



Winter Clothing Distribution Drives at Shakarganj Adopted Schools (SAS)



The Winter Clothing Distribution Drive took place at Shakarganj Adopted School (SAS) #22 students received sweaters, shoes and socks on December 12th - 2024.



The Winter Clothing Distribution Drive took place at Shakarganj Adopted School (SAS) #21 students received sweaters, shoes and socks on December 12th - 2024.

General Clothing Distribution Drives



Shakarganj Foundation, through its Social Action Projects Committee, has carried out a series of General Clothing Distribution Drives to support and uplift its extended community. Winter clothing and shoes were provided to the security staff and office helpers of Shakarganj Limited (SML I), ensuring their comfort during the colder months.

General Clothing Distribution Drives were also held for teaching and non-teaching staff at Shakarganj Adopted Schools (SAS), as part of ongoing efforts to acknowledge their dedication and service.

These initiatives reflect the Foundation's continued commitment to compassion, dignity, and community support.



General Clothing Distribution Drives



Winter Clothing and Shoes Distribution Drive conducted by the Social Action Projects Committee of Shakarganj Foundation for Shakarganj Limited (SML I) security staff and office helpers December 5th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #10 at SAS #10-GGES Ashaba October 15th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #09 at SAS #09-GGPS Thattha Gunayana on October 16th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #08 at SAS #08-GGES Chack 460 JB September 15th - 2024.

General Clothing Distribution Drives



General Clothing Distribution Drive for teaching and non teaching staff #07 at SAS #07-GGES Chack 268 JB September 12th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #06 at SAS #06-GGPS Korian October 11th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #05 at SAS #05-GGPS Chowk Shaheedan September 10th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #04 at SAS #04-GGES Wah Wala September 5th - 2024.

General Clothing Distribution Drives



General Clothing Distribution Drive for teaching and non teaching staff #03 at SAS #03-GGPS Insaf Elementary School September 4th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #02 at SAS #02-GGPS Chah Blochan September 4th - 2024.



General Clothing Distribution Drive for teaching and non teaching staff #01 at SAS #01-GGPS SML Campus September 4th - 2024.

Eid Clothing Distribution Drives



Shakarganj Foundation, through its Social Action Projects Committee, arranged Eid Clothing Distribution Drives to honor the efforts of teaching staff and Class IV employees in our adopted schools. On this blessed occasion, unstitched fabric was gifted to both teachers and non-teaching staff as a token of appreciation for their service.

The distribution took place at Shakarganj Adopted Schools (SAS), reflecting our ongoing mission to value and support those who play an important role in educating and nurturing the next generation.

We are deeply grateful to all supporters whose contributions made this initiative possible. Their generosity helped us share the joy of Eid with staff members and brought smiles to many faces.



Eid Clothing Distribution Drives



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #22-GGPS Jan Muhammad Nou on March 20th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #21-GGES Bhone Bhorl on March 19th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #17-GGES Kot Khan on March 18th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #15-GGES Shahabal on March 17th - 2025.

Eid Clothing Distribution Drives



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #12-GGES Haveli Laal on March 14th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #16-GGPS Chack 450 JB on March 13th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #13-GGES Chack 220 JB on March 12th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #11-GGES Chack 265 JB on March 11th - 2025.

Eid Clothing Distribution Drives



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #20-GGPS Darghai Shah on March 10th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #19-GGPS Darghai Shah on March 7th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #18-GGES Kot Murad on March 6th - 2025.



Eid Clothing Distribution Drive for teaching and non teaching staff at SAS #14-GGES Kot Dewan on March 5th - 2025.

Eid Clothing Distribution Drives



Eid Clothing Distribution Drive for mother maids at Sweet Home on February 28th - 2025.



Eid Clothing Distribution Drive for 47 staff members of Shakarganj Limited (SML I) in Jhang, as well as to their spouses on February 25th - 2025.

Shakarganj Vocational Lab



Shakarganj Foundation's donation of a state of the art computer system to SAS #01 has revolutionized the learning experience, enabling students to access advanced technology and software through the newly established Shakarganj Vocational Lab on November 20th - 2024. This initiative aims to spearhead digital literacy among students in grades 3-5 by providing hands-on training in Microsoft Word typing and basic Microsoft Excel mathematical functions.



Fostering Hope and Nourishment at Sweet Home Jhang



Shakarganj Foundation recently hosted a healthy lunch for the children of *Sweet Home - Jhang*. Supporting a children's home has a profound impact, helping to provide essentials such as nutritious food, safe shelter, and healthcare.

By meeting these basic needs, we create opportunities for children to grow, thrive, and reach their full potential. As part of its *Social Action Program*, Shakarganj Foundation remains committed to standing beside Sweet Home and ensuring continued care and support for its children.



Sweet Home Jhang



An Aftar Party was conducted at Sweet Home on March 26th - 2025. All students and staff members were served with Samosas, Pakoras, Apples, Bananas, Dates and juices. Ramadan emphasizes giving to those in need, fostering compassion and social responsibility.



Fruit Distribution Drive #06 at Sweet Home Students and staff members received apples and bananas on February 6th - 2025.



Shakarganj Foundation hosted a healthy lunch for the children of Sweet Homes - Jhang on January 29th - 2025. Donating to a Children's Home profoundly impacts the lives of children by improving access to basic needs such as food, shelter, and healthcare.



Dr. Luqman Ali MBBS, (BKK, CFM, UHS) District Dermatologist DHQ Hospital Jhang with the collaboration of Asian Continental Pharma held a Free Dermatology Camp at Sweet Home, Jhang on December 18th - 2024. He examined 100 students and staff members and prescribed medicines accordingly.

Sweet Home Jhang



Children playing table tennis at Sweet Home
donated by Shakarganj Foundation November 27th
- 2024

Ramzan Packages Distribution Drives



On **March 12th - 2025**, Shakarganj Foundation held its second *Ramzan Packages Distribution Drive* at Shakarganj Limited. Each thoughtfully prepared package included essential items such as mung daal, masoor daal, sugar, ghee, tea, rice, dates, and flour - helping families meet their needs during the holy month of Ramzan.

This heartfelt initiative reflects our commitment to spreading joy, fostering unity, and upholding the values of generosity and compassion within the community. We extend our sincere gratitude to our generous donors, whose unwavering support made this effort possible and impactful.

Together, we continue to make a difference in the lives of the people we serve.



Distribution of Roshan at Govt. Technical College (TEVTA) Jhang



On **April 25th - 2025**, Shakarganj Foundation organized its 3rd *Roshan Distribution Drive* at the *Government College of Technology (TEVTA), Jhang*. Class IV employees were the beneficiaries of this initiative. Each carefully prepared package contained essential items including mung daal, masoor daal, sugar, ghee, tea, rice, dates, and flour-helping families meet their daily household needs.

This drive shows our strong commitment to caring for undeserved citizens of our communities. By standing together and helping each other, we aim to bring ease and comfort to those who need it most. We sincerely thank our valued donors for their continued support, which made this drive meaningful and impactful.

Together, we remain dedicated to making a positive difference in the lives of the people we serve.



Darkhshan Model School for Vision Impaired Students



Shakarganj Foundation's Social Action Projects Committee (SAPC) visited Darkhshan Model School (درخشان ماڈل سکول برائے نابینا افراد) which is a boarding school for visually impaired persons. A total of 28 students live and study here. The SAPC met with Mr. Ghulam Shabbir Gohar (General Secretary - Pakistan Association of Blind, Jhang) and discussed how Shakarganj Foundation can collaborate with this institute to assist the students and enhance their lives.



Talking Watches and MP3 Players Distributed at Darkhshan Model School for Vision Impaired Students



Shakarganj Foundation gifted Talking Watches to 27 students and 3 instructors on December 5th - 2025. These watches allow them to hear the time of day and also set alarms to better manage their schedules. We extend our sincere gratitude to Mr. Ghulam Shabbir Gohar (General Secretary - Pakistan Association of Blind, Jhang) for his invaluable support in making this collaboration a reality.



Darkhshan Model School for Vision Impaired Students



Shakarganj Foundation hosted a Sports Gear Donation Seminar at Darkhshan Model School on February 20th - 2025. Manager (SAP) spoke to the students, emphasizing the vital role that sports play in their lives. At this memorable event, Manager (SAP), Manager (Public Health) and Incharge of the school distributed cricket bats and gloves to the students on behalf of Shakarganj Foundation.



An Aftar Party was conducted at Darkhshan Model School on March 27th - 2025. All students and staff members were served with Samosas, Apples, Bananas, Dates, Pakoras and juices. Ramadan emphasizes giving to those in need, fostering compassion and social responsibility.



Fruit Distribution Drive at Darkhshan Model School on February 18th - 2025. Students and staff members received apples and bananas.



Dr. Muhammad Aamir
Manager (Public Health)

Manager (Public Health)'s Message

As we navigate the dynamic landscape of public health, I would like to highlight our collective mission: promoting health, preventing disease, and fostering a thriving community. Each day, our efforts reach neighborhoods, schools, and workplaces, ensuring every individual has the opportunity to lead a healthier life.

The Healthcare Department of Shakarganj Foundation has been serving the community of District Jhang for the past two decades. Our infrastructure includes two stationed free dispensaries at SML I (Jhang) and SML II (Bhone), along with four mobile free dispensaries strategically located in Gilmala, Chund Bharwana, Kot Lakhnana, and Shabir Abad. Each facility is staffed with a qualified doctor, staff nurse, and dispenser, providing daily medical consultations and medicines free of cost.

In addition to our primary services, we conducted 17 medical camps in our adopted schools, focusing specifically on children's health, and 15 medical camps at our stationed dispensaries. In 2024-2025, in collaboration with Fitwell HUB, we have launched a Community Health Program to support individuals who do not have direct access to specialists for specific conditions such as cardiac issues, mental health concerns, and nutrition needs. Through this initiative, patients are receiving free online consultations from some of the best doctors in Pakistan. As our Manager Public Health notes, simple steps like staying informed, practicing good hygiene, and seeking timely care can make a significant difference in our community's well-being.

We are also increasing our capacity this year by adding five more medical camps in each segment-adopted schools, stationed dispensaries, and mobile dispensaries. Furthermore, we remain actively engaged in public health initiatives such as hepatitis awareness and screening camps, conducted in collaboration with Rotary Club Jhang and Lions Club Faisalabad.

Thank you for your continued commitment to public health. Together, we can build a healthier, more resilient future for everyone.

Healthcare Mission

Stationed Free Dispensaries



Muhammad Yar Rahi Stationed Free Dispensary SML I (Jhang)



Stationed Free Dispensary SML II (Bhone)

The first *Stationed Free Dispensary* was established in 2003 at **SML I (Jhang)**, followed by the second at **SML II (Bhone)** in August 2010. Both facilities are staffed by qualified doctors and nurses, offering accessible healthcare services to Shakarganj Limited employees as well as residents in and around Jhang and Bhone.

To date, these dispensaries have treated **249,710 patients** - a number that continues to grow every day as the Foundation works to ensure quality healthcare for all.

Healthcare Mission

Mobile Free Dispensaries



Gilmala



Chund Bharwana



Kot Lakhnana



Shabir Abad

Shakarganj Foundation's *Mobile Free Dispensaries* program was launched in 2003, through which four mobile clinics are operated. These vans, converted into fully functional medical facilities on wheels, serve as mobile field hospitals. They are staffed by qualified doctors and paramedical personnel. The mobile dispensaries make daily visits to medical centers located in Gilmala, Chund Bharwana, Kot Lakhnana, and Shabir Abad. To date, a total of **306,738 patients** have been treated through this program, with the number continuing to grow each day.

Collectively, a total of **556,448 patients** have been treated at Shakarganj Foundation's Stationed Free Dispensaries and Mobile Free Dispensaries.

Medical Camps



As part of its ongoing commitment to community welfare, Shakarganj Foundation has also been conducting a series of impactful medical camps, which serve as vital platforms for delivering healthcare services to underserved citizens. Through the dedication of medical professionals and volunteers, the Foundation addresses prevalent health issues while helping to reduce the burden on local healthcare infrastructure.

These medical camps provide a wide range of services, including general health check-ups, diabetes and hepatitis screenings, eye examinations, and treatment for malnutrition. They also facilitate early detection and prevention of diseases, empowering individuals to take proactive steps toward their well-being.

Through these concerted efforts, Shakarganj Foundation's medical camps not only offer immediate relief but also distribute free medicines, thereby enhancing the overall health and well-being of the communities they serve.



Medical Camps



Shakarganj Foundation in collaboration with Tabros Pharma organized a successful Free General Medical Camp at Muhammad Yar Rahi Stationed Free Dispensary SML I - Jhang on February 26th - 2025. **Dr. Muhammad Aamir** examined 55 patients and conducted sugar and uric acid tests.



Dr. Sabika Zia, Nutritionist Supervisor at Sabzazaar Hospital, Lahore, graciously dedicated her time to speak with students at Shakarganj Adopted School (SAS) #10 - Ashaba as part of Shakarganj Foundation's seventh Nutrition Camp on February 17th - 2025.



Dr. Sabika Zia, Nutritionist Supervisor at Sabzazaar Hospital, Lahore, graciously dedicated her time to speak with students at Shakarganj Adopted School (SAS) #06 - Korian as part of Shakarganj Foundation's sixth Nutrition Camp on February 13th - 2025.



Shakarganj Foundation, in collaboration with Rotary Club - Jhang, successfully held a Free Health Screening Camp at Muhammad Yar Rahi Stationed Free Dispensary SML I - Jhang on January 25th - 2025. 110 individuals were screened for blood sugar levels and Hepatitis B and C. The camp was made possible through the valuable support of Rotarian **Muzammal Riaz**, President of Jhang Saddar Rotary Club and Rotarian **Syed Basit Gilani** Chairman of Blood Screening Camp.

Medical Camps



Shakarganj Foundation, in collaboration with Lions Club - Faisalabad, successfully held a Free Health Screening Camp at SML I - Jhang on January 13th - 2025. Over 500 individuals were screened for blood sugar levels and Hepatitis B and C. The camp was made possible through the valuable support of **Lion Syed Hasan Ali Gilani, District Chairperson (Events) for Lions Club Jhang, Lion Kashif Nadeem, President of Faisalabad Platinum Lions Club, and Lion Muhammad Ishtiaq, President of Jhang Sadar Lions Club.**



Shakarganj Foundation in collaboration with Searle Pharma organized a successful Free Diabetes and Hypertension Medical Camp at Stationed Free Dispensary SML II - Bhone on January 4th - 2025. **Dr. Muhammad Aamir** examined 53 patients and conducted sugar tests and all patients received free-of-cost medications.



Shakarganj Foundation in collaboration with Asian Continental Pharma organized a successful Free General Medical Camp at Stationed Free Dispensary SML II - Bhone on December 26th - 2024. **Dr. Muhammad Aamir** examined 40 patients during this Medical Camp and all patients received free-of-cost medications.



Shakarganj Foundation organized a successful Free Gynae Medical Camp at Stationed Free Dispensary SML II - Bhone on November 28th - 2024. **Dr. Zunaira Hafeez** examined 35 patients with Endometriosis and Fibroids, Menstrual Irregularities, Termination of Pregnancy and various other conditions. Free of cost ultra sound facility was also provided to the patients.

Medical Camps



Dr. Ijaz Sultan (Ophthalmologist, Gold Medalist), **Dr. Naila** (Medical Officer-Ophthalmologist) and **Mr. Liaqat Ali** (Technician-Ophthalmologist) conducted the first ever Free Eye Examination Camp at Muhammad Yar Rahi Stationed Free Dispensary at SML I - Jhang on November 26th - 2024. He examined a total of 50 patients.



Shakarganj Foundation organized a successful Free Gynae Medical Camp with the collaboration of Asian Continental at Muhammad Yar Rahi Stationed Free Dispensary at SML I - Jhang on November 8th - 2024. **Dr. Zunaira Hafeez** examined 40 patients with Endometriosis and Fibroids, Menstrual Irregularities, Termination of Pregnancy and various other conditions.



Shakarganj Foundation organized a successful Free Gynae Medical Camp at Muhammad Yar Rahi Stationed Free Dispensary at SML I - Jhang on August 29th - 2024. **Dr. Ayesha** examined 47 patients with Endometriosis and Fibroids, Menstrual Irregularities, Termination of Pregnancy and various other conditions.

Healthcare Mission

SF-TMSG Fight Against Malnutrition

On **December 2nd - 2023**, Shakarganj Foundation, in collaboration with *the Trust for Malnutrition and Stunted Growth (TMSG)*, launched the Fight Against Malnutrition project. We extend our sincere gratitude to Dr. Najeeb Syed and Mr. Salman Mubarak, dedicated trustees of TMSG, for their valuable partnership. Notably, Mr. Salman Mubarak actively participated in the inauguration ceremony, held at *Shakarganj Foundation's Muhammad Yar Rahi Stationed Free Dispensary* at Shakarganj Limited (SML) I, Jhang.

Through this joint initiative, Shakarganj Foundation and TMSG are committed to eradicating malnutrition - beginning in Jhang and Bhone, with the aim of expanding efforts across Pakistan. To date, a total of **3,754 children** have received treatment under this program.





Shakarganj Foundation

SF-TMSG Fight Against Malnutrition

Muhammad Yar Rahi Free Dispensary SML I (Jhang)

30-Jun-2025

Start Date	Total Check Children	Age	Healthy	Under W/H	MAM	SAM	After Treatment
02-12-2023	2,810	6-59 Months	2,070	636	73	31	104

Free Dispensary SML II (Bhone)

Start Date	Total Check Children	Age	Healthy	Under W/H	MAM	SAM	After Treatment
23-12-2023	944	6-59 Months	657	270	10	7	17



Before After

7 KG Weight 10 KG
12 CM MACU 14 CM



Before After

07 KG Weight 12 KG
12 CM MACU 13.5 CM



Before After

05 KG Weight 08 KG
10.8 CM MACU 13.2 CM



Shakarganj Foundation

SF-TMSG Fight Against Malnutrition

Muhammad Yar Rahi Free Dispensary SML I (Jhang)



Before	After
7KG	10 KG
11 CM	14 CM
Weight	Weight
MACU	MACU



Before	After
10 KG	11 KG
12.5 CM	13.8 CM
Weight	Weight
MACU	MACU



Before	After
11 KG	11 KG
12 CM	13.5 CM
Weight	Weight
MACU	MACU



Before	After
10 KG	16 KG
10.8 CM	14.5 CM
Weight	Weight
MACU	MACU



Before	After
05 KG	06KG
12.4 CM	13 CM
Weight	Weight
MACU	MACU



Before	After
03 KG	05KG
11 CM	13CM
Weight	Weight
MACU	MACU



Before	After
9 KG	10 KG
12 CM	13 CM
Weight	Weight
MACU	MACU



Before	After
10 KG	12 KG
12.5 CM	13 CM
Weight	Weight
MACU	MACU



Before	After
7 KG	9 KG
12 CM	13 CM
Weight	Weight
MACU	MACU



Shakarganj Foundation

SF-TMSG Fight Against Malnutrition

Voice of Satisfaction

Happy Parents With Their Healthy Daughters



Maleeha Fatima, a 2.6-year-old girl, was brought to Shakarganj Foundation Bhone Dispensary. At the time of her visit, she weighed 7.5 kg, and her mid-upper arm circumference (MUAC) measured 12.3 cm. After 45 days on the RUTF (Ready-to-Use Therapeutic Food) diet, her weight increased to 8.7 kg, and her MUAC improved to 13 cm. She is now happily standing alongside her mother, Farwa Fatima.

Faizullah, a proud father, visited us with his daughter, Rabia Fatima. Rabia, a 2-year-old girl, came to Shakarganj Foundation Bhone Dispensary weighing 7.8 kg with a MUAC of 11.6 cm. Following 45 days of treatment, her weight increased to 9 kg, and her MUAC improved to 13 cm.



Mr. Muhammad Saleem - Investor and Entrepreneur Profile

Muhammed Saleem is a distinguished investor and entrepreneur with a career spanning several decades across diverse sectors, including healthcare, technology, and finance, in North America, Europe, India, and now Pakistan. His extensive experience working with various nationalities and cultures has equipped him with a unique ability to navigate global markets and build successful, cross-border enterprises.

As the Chairman of SSS Group and Fitwell Hub, Muhammed Saleem is leading a revolutionary transformation in healthcare delivery in Pakistan. Fitwell Hub is a smart hybrid healthcare Eco-System focused on providing high-quality healthcare services at significantly reduced costs, making healthcare more accessible to underserved and remote populations. Drawing from operational excellence refined through his ventures in Canada, Fitwell Hub integrates cutting-edge systems, processes, and artificial intelligence (AI) to streamline healthcare delivery, reducing costs by 30% to 50%.

Fitwell Hub's AI-driven platform not only enhances operational efficiency but also ensures stringent quality control, making the healthcare system more effective, scalable, and affordable. Under Muhammed Saleem's visionary leadership, Fitwell Hub is setting new benchmarks for healthcare in Pakistan, blending innovation and technology to improve access to care for thousands of people, particularly in rural and underserved regions.

Muhammed Saleem's leadership is characterized by a strong commitment to innovation and ethical business practices, always striving to push the boundaries of what is possible in healthcare. His vision for Fitwell Hub is rooted in the belief that healthcare should be accessible, affordable, and of the highest quality for all, irrespective of socioeconomic background. Through his work, he is not only transforming healthcare systems but also making a lasting societal impact, benefiting communities across Pakistan.

Shakarganj Foundation - Fitwell Hub Collaboration



Inaugural Ceremony of Shakarganj Foundation - Fitwell Hub Collaboration was held at Muhammad Yar Rahi Stationed Free Dispensary at SML I Jhang. Mr. Muhammad Saleem - Trustee Fitwell Hub was in attendance on **January 13th - 2025**. He witnessed patients attending their appointments virtually via Fitwell Hub's telehealth services platform.



Shakarganj Foundation - Lions Club Jhang & Faisalabad Meeting at Shakarganj Limited (SML I) Jhang on January 13th - 2025



1. Lion Syed Hasan Gilani **2.** Lion Muhammad Suleman **3.** Lion Ghufraan Ali **4.** Lion Azhar Malik **5.** Lion Muhammad Ishtiaq **6.** Lion Kashif Nadeem **7.** MJF Atif Munir Sheikh (District Governor) **8.** Mian Mustapha Altaf Saleem (Executive Director - Shakarganj Limited) **9.** Lion Hamid Shakir **10.** Lion Afnan Ch. **11.** Lion Muhammad Pervez Akhter **12.** Lion Muhammad Nawaz **13.** Lion Dr. Shahid Hussain **14.** Dr. Muhammad Amir (Manager - Public Health) **15.** Ms. Samra Ashraf (Manager - Social Action Program)



Shakarganj Foundation's Healthcare Heroes



Dr. Muhammad Aamir
MD (MBBS) DTCD PK.
Manager (Public Health) in
Social Action Program



Dr. Ijaz Sultan
MBBS DOMS
Ophthalmologist and Gold Medalist
Consultant at DHQ Hospital Jhang



Dr. Sabika Zia
Master in Food and Nutrition
M Phil in Nutrition
Consultant at Anzalna Clinic



Dr. Talal Mazhar
BDS (LMDC)
RDS. C-Ortho (IDE), D-Ortho (UK)
Consultant at Bilal Medical Complex



Dr. Luqman Ali
MBBS (BKK), CFM (UHS)
Consultant Dermatologist
DHQ Hospital Jhang



Dr. M. Javed Chaudhry
MD (MBBS), RMP (PK)
Medical Officer
DHQ Hospital Jhang



Dr. Danyal Mazhar
MBBS and MS-MD (Part-1)
Family Physician
Ismail Medicare Jhang



Dr. Muhammad Asim Qayyum
MD (MBBS)
Physician & Surgeon
Medical Officer DHQ Hospital TTS



Dr. Shahid Adeel
MBBS DOMS
Ex PGR Anwa Medical
MO DHQ Hospital Jhang

Shakarganj Foundation's Healthcare Heroes



Dr. Ayesha Fatima
MBBS DGO
Consultant Gynecologist
Ismail Medicare



Dr. Zunaira Hafeez
MBBS MCPS (Gynae)
Consultant Gynecologist (Syria Kalsoom
Hospital) WMO DHQ Hospital Sahiwal



Mr. Malik Waseem Bahadur Khan
Director (Jhang Art Gallery)

Director (Jhang Art Gallery)'s Message

It gives me immense pleasure to present the progress of Jhang Art Gallery, a cornerstone of Shakarganj Foundation's Social Action Program since its establishment in 2000. Over the years, the Gallery has become a hub of creativity, skill development, and cultural preservation, serving as a vibrant platform for emerging artists and aspiring professionals.

Through talent hunts, exhibitions, seminars, and workshops, we continue to foster local talent, preserve

our artistic heritage, and inspire young minds to channel their energy into constructive and creative pursuits. In the past academic year, 339 students graduated from our Fashion Designing and Fine Arts courses, bringing the total number of graduates to 6,339—a milestone that reflects both our growth and our impact.

Our Fine Arts program offers students the opportunity to explore painting, sculpture, ceramics, and calligraphy, while our annual exhibitions provide them with a platform to showcase their creativity and gain recognition. Equally, our Fashion Designing courses empower women by equipping them with practical skills in cutting, stitching, embroidery, and decorative arts—enabling them to contribute economically to their families and communities.

These initiatives are not only nurturing individual talent but also creating pathways for socio-economic empowerment. With the continued support of the Social Action Projects Committee and Shakarganj Foundation, we remain committed to expanding our efforts—introducing new opportunities, uplifting women, and enriching the cultural fabric of our society.

I extend my heartfelt gratitude to all those who have contributed to this noble mission and look forward to building on this legacy of creativity, empowerment, and progress.

Thank you.

Jhang Art Gallery



Established in 2000, *Jhang Art Gallery* - a cornerstone of Shakarganj Foundation's *Social Action Program* - embodies a multifaceted mission of fostering local talent, preserving cultural heritage, empowering women, alleviating poverty, and promoting skill development. It serves as a vibrant platform for emerging artists by organizing talent hunts, enhancing creative standards through exhibitions, and hosting seminars and workshops.

By nurturing artists and guiding them toward excellence, Jhang Art Gallery helps preserve the legacy of arts, crafts, and calligraphy. It also prepares artists for advanced studies and professional training while generating public interest and awareness. Additionally, it inspires young people to channel their leisure time into constructive and creative pursuits.

Through these wide-ranging initiatives, Jhang Art Gallery stands as a beacon of cultural enrichment and socio-economic empowerment in the community. Notably, **339 students** graduated in the 2024-2025 academic year, bringing the total number of graduates from the Gallery's *Fashion Designing* and *Fine Arts* courses to **6,339**.



Fine Arts and Calligraphy



Each year during the summer vacations, *Jhang Art Gallery* conducts calligraphy classes for students. The Fine Arts course accommodates **15 female students** over a six-month period, offering a diverse curriculum that includes Fine Arts, Painting, Pottery, Ceramics, Glass, Tile, Sculpture, and Calligraphy.

The artworks and crafts produced by the students are showcased at the **Annual Exhibition** held at the District Council Jhang. This event not only provides a platform for students to display their creativity but also celebrates their accomplishments, with prizes and certificates awarded in recognition of their achievements.



Fashion Designing



Female matriculated students receive comprehensive training in a range of subjects, including cutting, stitching, embroidery, flower making, candle making, mirror work, and adda work. The *Dress and Fashion Designing* course accommodates **20 female students per batch** over a six-month period. Upon completion, graduates gain the skills necessary to earn a livelihood from the comfort of their homes.

This program equips women with practical expertise in dressmaking and fashion design, enabling them to work independently and contribute economically to their households. It reflects Shakarganj Foundation's commitment to fostering self-sufficiency among women through targeted skill development initiatives. Additionally, the SAPC has pledged to donate **four new sewing machines** by the end of the year to further support this cause.



Pottery work, Sculpture work

Jhang Art Gallery



Publications



A Long Road Ahead: The Struggle for Gender Equality

By: Mustapha Altaf Saleem – Member (Social Action Projects Committee)

MBA

July 31st - 2025

Founded in 2000, Shakarganj Foundation was established with a clear mission: female empowerment in Pakistan's underserved communities. The team sought to bridge gender disparities, particularly in rural areas where populations remain sparse, livelihoods depend heavily on agriculture, and opportunities for women are scarce.

To read more, please visit sf.org.pk/publications



The Importance of Cultural Competence in Social Work

By: Muhammad Hussain Malik – Member (Social Action Projects Committee)

(LLB)

February 7th - 2025

In this progressive and connected world, cultural competence has become a necessary foundation of effective practice of social work. Cultural competence is about the capability of social workers to know how, appreciate and interact with people from cultures or belief systems different from their own.

To read more, please visit sf.org.pk/publications



Smog in Pakistan: Causes, Impacts, and Solutions

By: Dr. Shahid Hussain – Vice Chairman (Social Action Projects Committee)

PhD (Chemistry)

January 27th - 2025

Smog, a type of air pollution that combines smoke and fog, poses a significant environmental and health hazard, especially in urban areas. It occurs when airborne pollutants like particulate matter (PM), nitrogen oxides (NOx), and volatile organic compounds (VOCs) mix with atmospheric moisture, leading to reduced visibility and poor air quality.

To read more, please visit sf.org.pk/publications

Publications



Need Awareness on Breast Cancer in Pakistan

By: Dr. Muhammad Aamir – Manager (Public Health)
MD (MBBS) RU. C/A DTCD (PK)

December 1st - 2024

Breast cancer is a critical health issue in Pakistan, with the country having one of the highest incidences of the disease in Asia. The need for awareness is paramount, as early detection significantly increases the chances of successful treatment and survival. Here's a comprehensive overview of breast cancer awareness in Pakistan:

To read more, please visit sf.org.pk/publications



Importance of Education in Pakistan

By: Samra Ashraf – Manager (Social Action Program)
MSc Psychology, MS Management with Project
Management (BPP University London)

December 1st - 2024

Education holds immense significance for the development and progress of Pakistan. As a country with a young and growing population, Pakistan's future hinges on equipping its citizens with knowledge, skills, and values to address challenges and seize opportunities in a rapidly changing world. Here are key reasons highlighting the importance of education in Pakistan:

To read more, please visit sf.org.pk/publications



Revolutionizing Education for Underserved Children with Technology

By: Mustapha Altaf Saleem – Member (Social Action
Projects Committee)
MBA

November 25th - 2024

The digital age has transformed education, offering unprecedented opportunities to bridge the gap between privileged and underserved students. Technology provides access to an array of information and resources, leveling the playing field for students who may lack access to quality materials or experienced educators.

To read more, please visit sf.org.pk/publications

Shakarganj Foundation's Social Action Projects Committee in the Media (2024 - 2025)



Ramzan Packages Distribution Drives

Covered by: Samaa News
March 12th - 2025



Free Hepatitis B & C Screening Camp

Covered by: City 41
January 13th - 2025



Relaunch Female Adult Literacy Program

Covered by: City 41
December 3rd - 2024

Shakarganj Foundation Collaborations



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