

**SHAKARGANJ FOUNDATION**

EDUCATION AND HEALTHCARE FOR EVERYONE

Newsletter 2024

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**A NON-PROFIT
ORGANIZATION
SINCE 2000**

- Education
- Healthcare
- Art Gallery



23 Years of Community Service

Shakarganj Foundation has been providing free of cost education assistance, healthcare services and practical home economics programs in remote areas of Pakistan's Punjab province for over two decades.

Shakarganj Foundation's Team

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Chairman



Mr. Rashid Ahmad
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Mian Ahsan M. Saleem
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Social Action Projects Committee



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Dr. Shahid Hussain
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Manager (SAP)



Dr. Muhammad Aamir
Manager (Public Health)



Mian Mustapha Altaf Saleem
Member



M. Pervez Akhtar
Member



Manzoor Hussain Malik
Member



Muhammad Hussain Malik
Member

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Historical Projects

Teachers Training and Resource Centre

At Shakarganj Foundation's Teachers Training and Resource Centre (TARC), **we have empowered 1,427 educators with essential skills, equipping them to inspire and educate the future leaders of Pakistan.** This project was carried out to completion in collaboration with Ali Institute.

2001

Prosthetic Implantation Program

Initiated in 2005 with support from the International Committee of the Red Cross (ICRC) in Azad Jammu & Kashmir, the **Prosthetic Implantation Program has provided 248 patients with complimentary artificial upper and lower limbs,** significantly enhancing their mobility and quality of life.

2008

Flood Medical Relief Camps

Established in 2010, the Flood Medical Relief Camps were designed to aid victims of catastrophic floods along the Chenab and Jhelum rivers in District Jhang. **They provided complimentary medical treatment to 13,737 individuals affected by the disaster,** offering crucial support during their time of need.

2010

Adult Literacy Program

In 2011, Shakarganj Foundation and USAID, through the Small Grants and Ambassador's Fund Program, collaborated to establish 150 Adult Literacy Centers. **These centers educated 3,750 female learners in five Union Councils of District Jhang within 11 months,** promoting literacy and empowering women in the community.

2011



Muhammad Saifullah

Chairman (Social Action Projects Committee)

Chairman SAPC's Message

It brings me great joy to announce the release of the Inaugural Newsletter of Shakarganj Foundation. In my capacity as Chairman of Shakarganj Foundation Social Action Projects Committee, it is both an honor and a privilege to share insights into the completed social service projects and ongoing initiatives of our Foundation. First and foremost, I express my gratitude to the Almighty for bestowing peace upon us and allowing us to continue our mission of making a positive impact on the lives of those most in need.

I extend my sincere appreciation to the Board of Governors of Shakarganj Foundation and the Foundation's Founder Members for providing us with a remarkable platform to serve the underprivileged members of our community. Shakarganj Foundation primarily focuses on education and healthcare initiatives. This year, we have made significant progress, including the adoption and enhancement of 21 Government Girls Elementary and Primary schools.

This includes enhancing schools through repair and maintenance work, Winter Clothing Distribution Drives, Sports Gear Distribution Seminars, the launch of the Talib Hussain Education Scholarship Program, and organizing Fruit Drives and Community Food Programs.

In our Healthcare Program, our stationary and mobile free dispensaries in the Jhang and Bhone areas continue to provide essential medical services to those in need. Additionally, we have equipped the Muhammad Yar Rahi stationed free dispensary in Jhang with a new ECG machine, enhancing our ability to provide initial investigations under qualified staff. Under our Nutritional Program SF is providing Oolala flavored milk in two primary schools. SF is also conducting Fruit Drives in all 21 Adopted Schools.

Moreover, our Jhang Art Gallery has continued to empower women through fashion designing and fine art classes, providing them with earning opportunities to support their families.

I am deeply grateful to our generous friends and dedicated team members whose contributions and support have been invaluable throughout the past year. Special thanks to Mian Mustapha Altaf Saleem for his unwavering commitment to the completion of all projects. I extend my heartfelt thanks to all our friends and staff members who have stood by us. I humbly request everyone to keep us in your prayers and join us in our mission of transforming lives, as there is still much work to be done. Thank you.



Samra Ashraf

Manager (Social Action Program)

Manager SAP's Message

Shakarganj Foundation is deeply committed to the empowerment of women residing in remote areas of Pakistan. Central to this commitment is the provision of decision-making authority and educational opportunities, recognizing education as a vital tool for empowerment. By granting access to education, particularly in Girls Primary and Elementary schools, the Foundation opens doors to better opportunities and sustainable incomes for these women.

Currently, the Foundation supports over 6,000 students in such schools, with ambitious plans to adopt an additional 20 schools over the next five years, ensuring the continuation of this impactful mission.

Since its establishment in 2000, Jhang Art Gallery, founded by Shakarganj Foundation, has been a bastion of preserving and promoting Pakistan's rich heritage of arts, crafts, and calligraphy. Through exhibitions and workshops, the gallery serves as a vital platform for showcasing cultural treasures while also nurturing talent, particularly among female artists. Not only does the gallery facilitate skill refinement and professional networking, but it also contributes to fostering a vibrant artistic community that transcends geographical barriers.

Moreover, Jhang Art Gallery underscores its commitment to education by offering basic skills training for higher education and professional development. With a particular focus on courses in Fashion Designing and Fine Arts, the gallery has seen an impressive number of over 15,000 students graduate. These graduates not only acquire practical skills but also gain confidence and opportunities for personal growth, furthering the Foundation's mission of empowering women through education and artistic expression.

Shakarganj Adopted Schools (SAS)



Adoption of a New School



Continuing its adoption policy, this year Shakarganj Foundation has adopted another primary school: Government Girls Primary School Jan Muhammad Nou (SAS #22), which serves 50 students and employs two teaching and one non-teaching staff members. By adopting this school, Shakarganj Foundation furthers its mission to provide education and healthcare for everyone.

Here is how Shakarganj Foundation's adoption will manifest:

- **Infrastructure Development:** To enhance the learning environment for students, the Foundation will renovate or build new classrooms, washrooms, and playgrounds. Shakarganj Foundation will also focus on repairing and maintaining existing furniture, as well as providing new furniture as a priority.
- **Educational Resources:** The Foundation will supply stationery, educational toys, and other learning materials to enrich the teaching and learning experience.
- **Winter Clothing Drives:** We will conduct Winter Clothing Distribution Drives and will distribute sweaters, shoes and socks among the students.
- **Health and Nutrition Programs:** Shakarganj Foundation will implement comprehensive health and nutrition initiatives, including providing nutritious meals, conducting regular health check-ups, and offering hygiene education to students.
- **Community Engagement:** We will actively engage parents, local community members, and stakeholders in school activities and decision-making processes to cultivate a sense of ownership and garner widespread support.
- **Monitoring and Evaluation:** The Foundation will establish robust monitoring systems to track the school's progress and rigorously evaluate the effectiveness of their interventions, ensuring ongoing improvement and accountability.

By adopting a new primary school, Shakarganj Foundation demonstrates its commitment to promoting education, empowering communities, and improving the lives of children.

List of Shakarganj Adopted Schools (SAS)

	SCHOOL NAME	DISTANCE FROM SML I (JHANG)	TEACHERS	STUDENTS
1	Govt. Girls Primary School SML Campus	250M	5	137
2	Govt. Girls Primary School Chah Balochan	400M	5	95
3	Govt. Girls Elementary Insaf School	3km	7	112
4	Govt. Girls Elementary School Wah Wala	6km	14	164
5	Govt. Girls Primary School Chowck Shaheedan	7.5km	6	101
6	Govt. Girls Primary School Korian	8km	5	125
7	Govt Girls Elementary School Chak 268 J.B	9km	13	320
8	Govt. Girls Elementary School Chak 460 J.B	11.5km	11	152
9	Govt. Girls Elementary School Thatta Guniana	12.7km	11	293
10	Govt. Girls Elementary School Ashaba	13.5km	13	402
11	Govt. Girls Elementary School Chak 265 J.B	15km	13	319
12	Govt. Girls Elementary School Haveli Lal	19.5km	9	274
13	Govt. Girls Elementary School Chak 220 J.B	21km	20	493
14	Govt. Girls Elementary School Kot Dewan	22km	11	336
15	Govt. Girls Elementary School Shahabal	24km	11	380
16	Govt. Girls Primary School Chak 450 J.B	26km	8	240
17	Govt. Girls Elementary School Kot Khan	36km	7	273
18	Govt. Girls Elementary School Kot Murad	41km	7	369
19	Govt. Girls Primary School Darghai Shah	42km	4	126
20	Govt. Boys Elementary School Darghai Shah	43km	14	388
21	Govt. Girls Elementary School Bhone Bhor	61km	9	155
22	Govt. Girls Primary School Jan Muhammad Nou	53km	2	50

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



In 2003, Shakarganj Foundation launched its Nutritional Program to tackle nutritional deficiencies among students. Fresh fruits are rich sources of essential vitamins, minerals, and antioxidants crucial for supporting children's growth and development. By making these nutritious options easily accessible in schools, students are encouraged to incorporate them into their daily diets. **During the 2023-2024 academic year, the Foundation conducted 14 Fruit Drives across nine schools, benefiting a total of 1,500 students and staff members.** Shakarganj Foundation remains committed to expanding the Nutritional Program to meet the evolving needs of students, ensuring a sustained positive impact on their health and well-being.



Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #14 at SAS #04 - GGES Wah Wala on March 7th - 2024.



Fruit Distribution Drive #13 at SAS #08 - GGES Chack 460 JB on February 1st - 2024.



Fruit Distribution Drive #12 at SAS #07 - GGES Chak 268 JB on January 31st - 2024.



Fruit Distribution Drive #11 at SAS #06 - GGES Korian on January 27th - 2024.

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #10 at SAS #05 - GGPS Chowk Shaheedan on January 25th - 2024.



Fruit Distribution Drive #9 at SAS #21 - GGES Bhone Bhorl on January 18th - 2024.



Fruit Distribution Drive #08 at SAS #03 - Insaf Elementary School on January 11th - 2024.



Distribution of Oolala flavored milk at SAS #01 - GGPS SML Campus on January 10th - 2024.

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Distribution of Oolala flavored milk at SAS #02 - GGPS Chah Blochan on December 5th - 2023.



Distribution of Oolala flavored milk at SAS #01 - GGPS SML Campus on November 29th - 2023.



Distribution of Dairy Milk Chocolates and Lays Chips at SAS #21 - GGES Bhone Bhorl on November 13th - 2023.



Fruit Distribution Drive #03 at SAS #21 - GGES Bhorl Bhone on November 3rd - 2023.

Fruit Distribution Drives at Shakarganj Adopted Schools (SAS)



Fruit Distribution Drive #02 at SAS #01 - GGPS SML Campus on November 2nd - 2023.



Distribution of Oolala flavored milk at SAS #01 - GGPS SML Campus on October 23rd - 2023.

Community Food Drives



Shakarganj Foundation is deeply engaged in combating food insecurity and enhancing community welfare through its Community Food Drives across Jhang, Bhone, and surrounding areas. These initiatives underscore the Foundation's enduring commitment to social responsibility and community upliftment. Through meticulously organized drives, the Foundation ensures vulnerable members of the community have access to nutritious meals.

Under this program, nutritious meals are distributed to families and individuals facing food insecurity, providing vital support during challenging times. By spearheading these efforts, Shakarganj Foundation reaffirms its steadfast dedication to addressing critical social issues and promoting a culture of philanthropy within the local community. **In the year 2023-2024 the Foundation distributed a total of 2,423 food packets, making a significant impact on the lives of those in need.**



Community Food Drives



Shakarganj Foundation organized its 9th Community Food Drive on April 2nd - 2024. This initiative witnessed the distribution of 200 food packages to the underprivileged residents of Jhang. Shakarganj Foundation is steadfast in its commitment to alleviating hunger and fostering community spirit.



Shakarganj Foundation hosted its 8th Community Food Drive on March 4th - 2024. This initiative witnessed the distribution of 350 food packages to students and staff members of SAS#07 - GGES Chack 268 JB.



Shakarganj Foundation hosted its 7th Community Food Drive on December 6th - 2023. This initiative witnessed the distribution of 188 food packages to students and staff members of SAS #04 - Wah Wala and SAS #01 - GGPS SML Campus.



Shakarganj Foundation hosted its 6th Community Food Drive on November 8th - 2023. This initiative witnessed the distribution of 144 food packages to students and staff members of SAS #01 - SML Campus and SAS #06 - Korian.

Community Food Drives



Shakarganj Foundation hosted its 5th Community Food Drive on October 10th - 2023. This initiative witnessed the distribution of 150 food packages to students and staff members of SAS #03 - Insaf Elementary School .



Shakarganj Foundation hosted its 4th Community Food Drive on October 5th - 2023. This initiative witnessed the distribution of 150 food packages to students and staff members of SAS #21 - Bhone Bhor.



Shakarganj Foundation hosted its 3rd Community Food Drive on October 3rd - 2023. This initiative witnessed the distribution of 150 food packages to students and staff members of SAS #01 - GGPS SML Campus.



Shakarganj Foundation hosted its 2nd Community Food Drive on September 27th - 2023. This initiative witnessed the distribution of 91 food packages to students and staff members of SAS #02 - Chah Balochan.

Community Food Drives



Shakarganj Foundation hosted its inaugural Community Food Drive on September 20th - 2023. This initiative witnessed the distribution of 1,000 food packages to the underprivileged residents of Jhang.

Talib Hussain Education Scholarship

The Talib Hussain Education Scholarship was launched on September 7th - 2023, to support talented students who lack the means to afford education. This scholarship acts as a grant, covering all educational disciplines within the city of Jhang. The Inaugural Ceremony of the scholarship, held at Shakarganj Limited (SML) I Jhang, honored Mr. Talib Hussain's legacy. Chief Guests at the ceremony included his son, Mr. Shaukat Hussain, granddaughter, Ms. Sana Fatima, and grandson-in-law, Mr. Tajamal Abbas. **In the year 2023-2024, a total of two scholarships were awarded to students in need.**



Shakarganj Foundation awarded the inaugural Talib Hussain Education Scholarship to Ms. Kiran Shahzadi in a heartwarming ceremony held at Shakarganj Limited (SML) I Jhang on October 20th - 2023. Ms. Kiran Shahzadi is pursuing a BS in English Literature from the University of Jhang.



Shakarganj Foundation awarded the Talib Hussain Education Scholarship to Mr. Qaisar Ali in a heartwarming ceremony held at Shakarganj Limited (SML) I Jhang on February 17th - 2024. Mr. Qaisar Ali is pursuing a BS in Chemistry from GC University, Jhang Campus.

Sports Gear Distribution Seminars



Shakarganj Foundation remains steadfast in its commitment to enhancing the educational journey of students by recognizing the vital role of sports in their overall development. Through a series of Sports Gear Distribution Seminars across its adopted schools, the Foundation underscores the importance of equipping students with essential gear for active participation in sports.

These initiatives serve as a platform to promote the holistic development of students, emphasizing not only their intellectual growth but also the significance of physical activity in fostering a well-rounded education. By providing sports gear, Shakarganj Foundation aims to cultivate a dynamic and stimulating environment where students can thrive and excel both academically and athletically. **In the year 2023-2024, a total of six Sport Gear Distribution Seminars were conducted in five schools where students were provided with cricket bats, balls, wickets, footballs and skipping ropes.**



Sports Gear Distribution Drives



Shakarganj Foundation hosted a Sports Gear Distribution Drive at SAS #21 - Bhone Bhorl on March 5th - 2024.



Shakarganj Foundation hosted a Sports Gear Distribution Drive at SAS #02 - Chah Balochan on February 27th - 2024.



Shakarganj Foundation hosted a Sports Gear Distribution Drive at SAS #01 - GGPS SML Campus on February 22nd - 2024.



Shakarganj Foundation hosted a Sports Gear Distribution Drive at SAS #05 - GGPS Chowk Shaheedan on January 30th - 2024.

Sports Gear Distribution Seminars



Shakarganj Foundation hosted a Sports Gear Distribution Drive at SAS #03 - Insaf Elementary School on October 30th - 2023.



Shakarganj Foundation held its inaugural Sports Gear Distribution Drive at SAS #21 - Bhone Bhoru on October 26th - 2023.

Winter Clothing Distribution Drives



Through this initiative Shakarganj Foundation supplies sweaters, shoes and socks to students, ensuring their physical well-being and encouraging regular school attendance. **To date, the Foundation has conducted nine Winter Clothing Distribution Drives, benefiting over 1,206 students.** These drives aim to meet basic needs so students can better concentrate on their studies. By creating a more welcoming learning environment, Shakarganj Foundation is making significant strides in community upliftment and empowerment.



Winter Clothing Distribution Drives



Shoes and Socks Distribution Ceremony was held at Government Girls Elementary School - Ghaziabad with the collaboration of Shakarganj Foundation and Lions Club on February 16th - 2024.



The Winter Clothing Distribution Drive took place at SAS #08 - GGES Chack 460 JB on January 18th - 2024.



The Winter Clothing Distribution Drive took place at SAS #07 - GGES Chak 268 JB on January 18th - 2024.



The Winter Clothing Distribution Drive took place at SAS #06 - GGES Korian on January 17th - 2024.

Winter Clothing Distribution Drives



The Winter Clothing Distribution Drive took place at SAS #05 - GGPS Chowk Shaheedan on January 16th - 2024.



The Winter Clothing Distribution Drive took place at SAS #04 - GGES Wah Wala on February 2nd - 2023.



The Winter Clothing Distribution Drive took place at SAS #03 - Insaf Elementary School Klasan Wala on February 1st - 2023.



The Winter Clothing Distribution Drive took place at SAS #01 - SML Jhang Campus on December 23rd - 2022.

Winter Clothing Distribution Drives



The Winter Clothing Distribution Drive took place at SAS #02 - Chah Balochan on December 23rd - 2022.



Distribution of clothes at Shakarganj Foundation's Office on December 14th - 2023.

Renovation and Restoration



Shakarganj Foundation made a significant stride towards improving the learning environment at its adopted schools. Recognizing the discomfort faced by students who previously studied on the floor due to insufficient desks and chairs, the Foundation introduced new desks and chairs and installed ceiling fans. Additionally, the Foundation undertook various civil works, including repairing walls, floors, and roofs, painting walls, and replacing window screens. This initiative underscores the Foundation's commitment to enhancing the overall infrastructure of its adopted schools and improving the learning experience for students.



Renovation and Restoration



Shakarganj Foundation enhanced the learning environment at SAS #04 & #06 by introducing new desks and chairs for students on January 23rd - 2024. Previously some students were sitting and studying on the floors in certain classrooms, prompting this initiative to ensure a more comfortable learning space for them.



Chipwood base sheets being added to damaged desks for SAS #01 at Shakarganj Limited, Jhang, Wood Workshop.



Shakarganj Foundation undertook the repair of washrooms at SAS #01 - GGPS SML Campus.

Environmental Initiatives



Shakarganj Foundation has been actively engaged in improving the learning environments of its adopted schools through various impactful initiatives, including waste cleanup and the planting of grass, flowers and trees at its schools.

By fostering a culture of community involvement and sustainability, the Foundation not only enhances the immediate surroundings but also instills values of responsibility and care among students. These efforts serve as a testament to the Foundation's dedication to fostering holistic development and empowering future generations with the tools they need to succeed.

Through these collective efforts, Shakarganj Foundation demonstrates its commitment to creating healthier, more conducive learning spaces for students.



Environmental Initiatives



Grass plantation activity was conducted in SAS #07 - GGES Chack 268 Jb on February 10th - 2024.



100 Bazromia Trees planted at SAS #04 - Insaf Elementary School.



Clean-up Drive underway at SAS #02 - Chah Balochan.

Fostering Hope and Nourishment at Sweet Home Jhang



Shakarganj Foundation has extended its support to Sweet Home in Jhang, a children's sweet home with an occupancy of 100 children. Our donation of sugar and rice aims to significantly impact the lives of the children residing in Sweet Home by ensuring they have access to fundamental necessities like food and sustenance. At the request of the children, Shakarganj Foundation also donated a table tennis table and equipment to support their recreational activities.

In collaboration with Mr. Majid Zaman, President of Rotary Club Jhang Saddar 3272, owner of Garrison School System and Shakarganj Foundation's SAPC visited Sweet Home in Jhang. During this visit, the Foundation reaffirmed its dedication by providing lunch to all residents and staff. Additionally, Mr. Majid's generous contribution of subsidized education at Garrison School System reflects our shared belief in societal responsibility towards these children.

Shakarganj Foundation remains steadfast in its mission to support Sweet Home as an integral component of our Social Action Program, emphasizing our commitment to making a positive difference in the lives of children in need.

Fostering Hope and Nourishment



Shakarganj Foundation distributed 100 kg of rice and 50 kg of sugar to Sweet Home - Jhang on February 19th - 2024.



Shakarganj Foundation, accompanied by Mr. Majid Zaman, President of Rotary Club Jhang Saddar 3272 and owner of Garrison School system visited Sweet Home in Jhang. The foundation demonstrated its commitment by providing lunch to all residents and staff on January 25th - 2024.



Ramzan Packages Distribution Drives



The inaugural Ramzan Packages Distribution Drive by Shakarganj Foundation took place on March 19th - 2024, at Shakarganj Limited (SML) I Jhang. Each package contained vital items such as Mungi Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour. This compassionate initiative aims to spread joy to every citizen during the month of Ramzan, epitomizing the values of compassion and unity within the community. **A total of 180 Ramzan packages were distributed among the community.**



Ramzan Packages Distribution Drives



The second Ramzan Packages Distribution Drive by Shakarganj Foundation took place on March 22nd - 2024, at Shakarganj Limited (SML) II Bhone. Each package contained vital items such as Mungi Daal, Chana Daal, Sugar, Ghee, Rice, Dates, and Flour. This compassionate initiative aims to spread joy to every citizen during the month of Ramzan, epitomizing the values of compassion and unity within the community. **A total of 40 Ramzan packages were distributed among the community.**



The third Ramzan Packages Distribution Drive by Shakarganj Foundation took place on March 25th - 2024, at Shakarganj Limited (SML) I Jhang. Each package contained vital items such as Mungi Daal, Masr Daal, Sugar, Ghee, Tea, Rice, Dates, and Flour. This compassionate initiative aims to spread joy to every citizen during the month of Ramzan, epitomizing the values of compassion and unity within the community. **A total of 120 Ramzan packages were distributed among the community.**

Collectively a total of 340 Ramzan packages were distributed.





Dr. Muhammad Aamir
Manager (Public Health)

Manager (Public Health)'s Message

The Healthcare Department of Shakarganj Foundation has diligently served the community of District Jhang for the past two decades, offering comprehensive healthcare services. Our infrastructure includes two stationed free dispensaries located at SML I (Jhang) and SML II (Bhone), complemented by four mobile free dispensaries strategically positioned in the areas of Gilmala, Chund Bharwana, Kot Lakhnana and Shabir Abad. These facilities are managed by a team of qualified medical professionals who provide daily consultations and dispense medication free of charge.

In addition to our primary services, we conduct medical camps in our adopted schools, with a specific focus on children's health. Furthermore, with the collaboration of ICRC Muzaffarabad, we are dedicated to providing complimentary prosthetic limbs to the special community. Moreover, our Foundation has a distinguished record of responding to humanitarian crises, including our contribution to the victims of the 2005 earthquake in Muzaffarabad and the 2010 floods in District Jhang.

Furthermore, we actively engage in public health initiatives such as hepatitis awareness and screening camps for the community in collaboration with esteemed organizations such as Rotary Club Jhang and Lions Club Faisalabad.

Healthcare Mission

Stationed Free Dispensaries



Muhammad Yar Rahi Stationed Free Dispensary SML I (Jhang)



Stationed Free Dispensary SML II (Bhone)

The first Stationed Free Dispensary was established in 2003 at SML I (Jhang), followed by the second one at SML II (Bhone) in August 2010. Both dispensaries are staffed by a qualified team of doctors and nurses, providing accessible healthcare services to Shakarganj Limited employees and residents in and around the cities of Jhang and Bhone. **A total of 242,574 patients have been treated at these facilities, and the number continues to grow daily.**

Healthcare Mission

Mobile Free Dispensaries



Gilmala



Chund Bharwana



Kot Lakhnana



Shabir Abad

Shakarganj Foundation's Mobile Free Dispensaries program was established in 2003 through which four mobile clinics are operated. These vans which have been converted into medical facilities on wheels, operate as mobile field hospitals. These are run by qualified doctors and paramedical staff members. The mobile dispensaries visit medical centers located in Gilmala, Chund Bharwana, Kot Lakhnana and Shabir Abad on a daily basis. **A total of 305,641 patients have been treated at these facilities, and the number continues to grow daily.**

Collectively a total of 548,215 patients have been treated at Shakarganj Foundation's Stationed Free and Mobile Free Dispensaries.

Medical Camps



Shakarganj Foundation, in its ongoing commitment to community welfare, has been conducting a series of impactful medical camps, serving as vital platforms for providing healthcare services to the underserved population. Through the dedication of medical professionals and volunteers, the Foundation addresses prevalent health issues and alleviates the burden on local healthcare infrastructure.

These medical camps offer a wide range of services, including general health check-ups, diabetes and hepatitis screenings, eye examinations, and malnutrition treatment. Additionally, they provide opportunities for the early detection and prevention of diseases, empowering individuals to take proactive steps towards their well-being.

Through its concerted efforts, Shakarganj Foundation's medical camps not only offer immediate relief but also distribute free medicines, enhancing the overall health and well-being of the communities they serve.



Medical Camps



Shakarganj Foundation organized a successful Free General Medical Camp at SAS #05 - GGPS Chowk Shaheedan on May 24th - 2024. **Dr. Muhammad Aamir** examined 90 students for seasonal diseases like Diarrhea, Gastro, Skin Allergies.



Shakarganj Foundation in collaboration with **Searle Pharma** organized a successful Free General Medical Camp at Muhammad Yar Rahi Stationed Free Dispensary SML I Jhang on May 21th - 2024. **Dr. Muhammad Aamir** examined 40 patients and conducted Sugar and Uric Acid tests.



Shakarganj Foundation, in collaboration with **Shaigan Pharma** organized a successful Free Diabetes Screening Medical Camp at Shabir Abad Mobile Free Dispensary on May 15th - 2024. **Dr. Muhammad Saqib** examined 60 patients with free Diabetes Screening tests.



Dr. Sabika Zia, Nutritionist Supervisor at Sabzazaar Hospital, Lahore, graciously dedicated her time to speak with students at SAS # 04 - Wah Wala on May 10th - 2024. **Dr. Sabika Zia** examined 155 students.

Medical Camps



Shakarganj Foundation, in collaboration with **Asian Continental Pharma** organized a successful Free General Medical Camp at Muhammad Yar Rahi Stationed Free Dispensary SML I Jhang on March 29th - 2024. **Dr. Mubasher Shahzad** examined 93 patients and conducted Diabetes and Uricacid tests.



Shakarganj Foundation, in collaboration with **Getz Pharma** organized a successful Free General Medical Camp at Shabir Abad Mobile Free Dispensary on March 18th - 2024. **Dr. Muhammad Aamir** examined 50 patients with Diabetes, Hypertension, Arthritis and Scabies.



Shakarganj Foundation, in collaboration with **Hiranis Pharma** organized a successful Free General Medical Camp at Kot Lakhnana Mobile Free Dispensary on March 11th - 2024. **Dr. Muhammad Shahid Adeel** examined 60 patients with Diabetes, Hypertension, Arthritis and Scabies.



Shakarganj Foundation, organized a successful Free Eye Exams Camp for students at SAS #21 - GGES Bhone Bhoori on March 5th - 2024. **Dr. Ijaz Sultan and Dr. Naila** examined 137 students.

Medical Camps



Shakarganj Foundation, in collaboration with **Genix Pharma** organized a successful Free General Medical Camp at Gilmala Mobile Free Dispensary on February 21st - 2024. **Dr. Muhammad Aamir** examined 70 patients with Diabetes, Hypertension, Arthritis and Scabies.



Shakarganj Foundation, in collaboration with **PharmEvo** organized a successful Free Gastro and Diabetes Screening Medical Camp at Muhammad Yar Rahi Stationed Free Dispensary SML I Jhang on January 29th - 2024. **Dr. Muhammad Aamir** examined 97 patients with free Diabetes Screening tests.



Shakarganj Foundation, in collaboration with **Searle Pharma** organized a successful Free General Medical Camp at Shakarganj Limited (SML) II Bhone's Stationed Free Dispensary on January 24th - 2024. **Dr. Muhammad Asim Quyyam** examined 92 patients with free Diabetes and Screening tests.



Shakarganj Foundation, in collaboration with **Shaigan Pharma** organized a successful Free Gastro & Diabetes Screening Camp at Shakarganj Limited (SML) II Bhone's Stationed Free Dispensary on January 18th - 2024. **Dr. Daniyal Mazhar** examined 150 patients with Diabetes and Gastro complications.

Medical Camps



Shakarganj Foundation, in collaboration with **Asian Continental** organized a successful Free General Medical Camp at the Muhammad Yar Rahi Stationed Free Dispensary SML I Jhang on January 10th - 2024. **Dr. Muhammad Aamir** examined 67 patients with Diabetes, Hypertension, Hepatitis, Scabies, Respiratory Issues, Gastrointestinal Complications, Arthritis, and other conditions.



Dr. Sabika Zia, Nutritionist Supervisor at Sabzazaar Hospital, Lahore, graciously dedicated her time to speak with students at SAS #21 - Bhone Bhoori on November 30th - 2023. **Dr. Sabika Zia** examined 155 students.



Shakarganj Foundation, in collaboration with **Searle Pakistan Limited** organized a successful General Medical Examination Camp at Shakarganj Limited (SML) I Jhang's Muhammad Yar Rahi Stationed Free Dispensary on November 22nd - 2023. **Dr. Muhammad Aamir and team** examined 135 patients.



Shakarganj Foundation, in collaboration with **Asian Continental** organized a Free General Medical Camp at the Shakarganj Limited (SML) II Bhone Stationed Free Dispensary on November 13th - 2023. **Dr. Muhammad Aamir and team** examined 155 patients with Diabetes, Hypertension, Hepatitis, Scabies and other conditions were examined.

Medical Camps



Shakarganj Foundation, in collaboration with **Shaigan Pharma** organized a Free Diabetes and Gastro Camp at the Muhammad Yar Rahi Stationed Free Dispensary On October 3rd - 2023. **Dr. Muhammad Aamir and team** examined 85 patients, 16 were diagnosed with diabetes and all were provided medications free of charge.



Shakarganj Foundation organized a Free Dermatology Camp at SAS #02 - GGPS Chah Blochan and Muhammad Yar Rahi Stationed Free Dispensary SML I Jhang on September 27th - 2023. **Dr. Muhammad Javed Chaudhry and his team** examined 95 students.



Dr. Sabika Zia, Nutritionist Supervisor at **Sabzazaar Hospital**, Lahore, graciously dedicated her time to speak with students at SAS #03 - Insaf Elementary School as part of Shakarganj Foundation's third Nutrition Camp on September 1st - 2023. **Dr. Sabika Zia** examined 112 students.



Shakarganj Foundation organized a Free Dental Exams for students at Shakarganj Foundation's adopted school (SAS) #01 – SML I Jhang campus on February 21st - 2023. **Dr. Talal Mazhar** (Dental Surgeon) examined students.

Medical Camps



Shakarganj Foundation, organized a Free Dermatology Camp for students at SAS #01 – SML Campus on September 6th - 2023. **Dr. Luqman Ali** (Consultant Dermatologist, DHQ Hospital, Jhang) examined a total of 133 students out of which 54 students were prescribed medications for various skin conditions.

Hepatitis Screening Camps



On February 15th - 2023, a Free Blood Sugar and Hepatitis B/C Screening Camp was conducted at SML II (Bhone). Shakarganj Foundation's healthcare team, in collaboration with Lions Club, tested a total of 315 individuals. Additionally, on March 13th - 2023, a Free Hepatitis B/C Screening Camp was held at Gilani Farm House in Madoki, where 200 individuals were tested by the Foundation's healthcare team, also in collaboration with Lions Club. **Throughout the year 2023-2024, the Foundation in collaboration with Lions Club, treated a total of 515 individuals through these efforts.**



Healthcare Mission

SF-TMSG Fight Against Malnutrition



On December 2nd - 2023, Shakarganj Foundation, in collaboration with Trust for Malnutrition and Stunted Growth (TMSG), launched the Fight Against Malnutrition project. We extend our heartfelt gratitude to **Dr. Najeeb Syed and Mr. Salman Mubarak**, dedicated trustees at **TMSG** for this collaboration. Notably, Mr. Salman Mubarak actively participated in the inauguration event held at Shakarganj Foundation's Muhammad Yar Rahi Stationed Free Dispensary at Shakarganj Limited (SML) I Jhang. Together, Shakarganj Foundation and TMSG are committed to eradicating malnutrition, starting in Jhang and Bhone and extending our efforts throughout Pakistan. **A total of 931 children have been treated to date.**





Dr. Najeeb Syed

Certified Pedorthist of Canada (C Ped C) | Dedicated Humanitarian

Location: St. Catharines, Canada

Najeeb Syed is a committed humanitarian and Certified Pedorthist of Canada, residing in St. Catharines for over 30 years. As the owner of Pedco Foot Care Clinic Inc and Peace Properties Solutions, he integrates holistic health into his professional practice.

An active member of the Rotary Club of St. Catharines South since 2012, he chairs International Services and has participated in numerous global humanitarian initiatives, including tree plantations, water projects, disaster relief efforts, and the construction of schools and hospitals.

His primary focus is combating chronic malnutrition and stunting in Pakistan, which affects nearly 10 million children under the age of five years. To address this crisis, he has developed a comprehensive ten-year plan that combines federal initiatives with civil society support. This plan includes the distribution of therapeutic food and micronutrient sachets through 64 free nutrition clinics and hospital OPDs, with future plans to expand to 80 clinics.

Over the past three years, his efforts have positively impacted over 48,000 pregnant and lactating mothers, as well as children under the age of five years. He remains dedicated to mobilizing support to ensure these vulnerable groups receive the necessary care for a brighter and healthier future, viewing this mission as a profound moral imperative.



Shakarganj Foundation

SF-TMSG Fight Against Malnutrition

Muhammad Yar Rahi Free Dispensary SML I (Jhang)

30-June-2024

Start Date	Total Check Children	Age	Healthy	Under W/H	MAM	SAM	After Treatment
02-12-2023	692	6-59 Months	537	116	30	9	20

Free Dispensary SML II (Bhone)

Start Date	Total Check Children	Age	Healthy	Under W/H	MAM	SAM	After Treatment
23-12-2023	239	6-59 Months	195	30	9	5	6



Before After
 10 KG Weight 14 KG
 11 CM MACU 13.5 CM



Before After
 7 KG Weight 10 KG
 11 CM MACU 13 CM



Before After
 10 KG Weight 12 KG
 12.2 CM MACU 14 CM

Shakarganj Foundation's Healthcare Heroes



Dr. Muhammad Aamir
MD (MBBS) DTCD PK.
Manager (Public Health) in
Social Action Program



Dr. Ijaz Sultan
MBBS DOMS
Ophthalmologist and Gold Medalist
Consultant at DHQ Hospital Jhang



Dr. Sabika Zia
Master in Food and Nutrition
M Phil in Nutrition
Consultant at Anzalna Clinic



Dr. Talal Mazhar
BDS (LMDC)
RDS. C-Ortho (IDE), D-Ortho (UK)
Consultant at Bilal Medical Complex



Dr. Luqman Ali
MBBS (BKK), CFM (UHS)
Consultant Dermatologist
DHQ Hospital Jhang



Dr. M. Javed Chaudhry
MD (MBBS), RMP (PK)
Medical Officer
DHQ Hospital Jhang



Dr. Danyal Mazhar
MBBS and MS-MD (Part-1)
Family Physician
Ismail Medicare Jhang



Dr. Muhammad Asim Qayyum
MD (MBBS)
Physician & Surgeon
Medical Officer DHQ Hospital TTS



Dr. Shahid Adeel
MBBS DOMS
Ex PGR Anwa Medical
MO DHQ Hospital Jhang

Jhang Art Gallery



Established in 2000, Jhang Art Gallery, a cornerstone of Shakarganj Foundation's Social Action Program, embodies a multifaceted mission aimed at fostering local talent, preserving cultural heritage, empowering women, alleviating poverty, and enhancing skill development. It serves as a dynamic platform to support promising artists by initiating talent hunts, elevating creative standards through exhibitions, seminars and workshops.

By nurturing artists and facilitating their journey towards excellence, Jhang Art Gallery perpetuates the legacy of arts, crafts, and calligraphy. It also prepares artists for advanced studies and professional training, while generating public interest and awareness. Moreover, it encourages young individuals to channel their leisure time towards constructive pursuits.

Through these comprehensive endeavors, Jhang Art Gallery stands as a beacon of cultural enrichment and socio-economic empowerment within the community. Notably, 350 students have graduated in the 2023-2024 academic year. **A total of 6,000 students have completed Fashion Designing and Fine Arts courses from Jhang Art Gallery.**



Fine Arts and Calligraphy



During summer vacations every year, calligraphy classes for students are also conducted at Jhang Art Gallery. The Fine Arts course accommodates 15 female students over a period of six months. The course curriculum covers a variety of subjects, including Fine Arts, Painting, Pottery, Ceramics, Glass, Tile, Sculpture, and Calligraphy.

The artworks and crafts created by the students are showcased at an Annual Exhibition held at the District Council Jhang. This event serves as a platform for students to display their talents, and students are honored with prizes and certificates in recognition of their achievements.



Fashion Designing



Female matriculated students undergo comprehensive training in various subjects, including cutting, stitching, embroidery, flower making, candle making, mirror work, and adda work. The Dress and Fashion Designing course caters to 20 female students per batch, spanning a duration of six months. Upon completing the course, successful students acquire the skills needed to earn a livelihood from the comfort of their home.

This training equips them with practical skills in dressmaking and fashion design, empowering them to contribute economically while working independently. It underscores Shakarganj Foundation's commitment to fostering self-sufficiency among women through skill development initiatives. Additionally, the SAPC has committed to donating four new sewing machines by the end of the year.



Jhang Art Gallery

Passing Out Ceremony



On March 7th - 2024, the Social Action Projects Committee (SAPC) made a significant impact at the Passing Out Ceremony held at Shakarganj Foundation's Jhang Art Gallery. SAPC members delivered inspiring speeches and engaged with students, fostering encouragement and motivation. They facilitated the distribution of certificates, recognizing the achievements of the students.

In addition to certificates, the committee distributed gift packs filled with essential items, offering practical support to the students as they prepare for their future endeavors. This ceremony not only celebrated their accomplishments but also reinforced the Foundation's commitment to nurturing talent and empowering individuals through meaningful initiatives.



Jhang Art Gallery

Passing Out Ceremony



Shakarganj Foundation proudly welcomed Ms. Himra Abid, the first prize winner, and Ms. Fakhra Majeed, the third prize winner, at its office on March 8th - 2024.



Social Action Projects Committee made a meaningful impact at the Passing Out Ceremony held at Shakarganj Foundation's Jhang Art Gallery on March 7th - 2024.



Shakarganj Foundation's Jhang Art Gallery showcased their remarkable talent at the Division Level Painting Competition, hosted by Punjab Alhamra Art Council at Govt Degree College Jhang on February 27th - 2024.

Success Stories



“

My name is Ulfat Zahra. I have successfully completed a one-year course in Fine Arts at Jhang Art Gallery, specializing in Islamic Calligraphy and Sketching. I have embarked on my online venture, contributing to my family's well-being.

”



“

My Name is Aysha Khan. I have completed a one year course in Dress Designing from Jhang Art Gallery. I have taken this opportunity to set up my own Dress Designing Center at my home which leads the female students to improve their learning skills but also helps me to support my family.

”



“

We were elated when Shakarganj Foundation organized an eye check-up camp at our school. specialist doctors conducted thorough examinations and diagnosed us with weak eyesight. They prescribed glasses for us, which Shakarganj Foundation's team promptly provided. Now, with our new spectacles, we can see clearly and read with ease.

”



“

I am thrilled to see the progress in my daughter's health since we started visiting Mohammad Yar Rahi dispensary. Initially, she was weak and refused to eat, with her weight alarmingly low. However, within six weeks of treatment, she has shown significant improvement, gaining weight and developing a healthy appetite. I am immensely grateful for the care provided here.

”

Success Stories



“

My name is Sat Bharai from Shadbad Colony. I have had diabetes and high blood pressure for seven years. Thanks to free checkups, tests, and medication from Mohammad Yar Rahi Dispensary, both conditions are now controlled. I'm thankful to Shakarganj Foundation for this blessing.

”



“

My name is M. Sarfraz, a resident of Adda Dhoru Wala, and I work as a laborer. I have been suffering from Bronchial Asthma, but thanks to the free medication provided by Shakarganj Bhone Dispensary for the past four years, I am now in good health. I am grateful to Shakarganj Foundation's doctors for enabling me to support my family effectively.

”



“

My name is Rehmat Bibi and I am a widow living in Gilmala. I sustain my household by working in others' homes, despite battling diabetes and joint disease. Due to financial constraints, I struggled to afford medication until I found solace at Shakarganj Foundation's Mobile Free Dispensary, where I received free medication. My health has now improved.

”



“

My name is Mohammad Yar, and I reside in Moza Chund Bharwana (Bhone). For the past decade, my family and I have been visiting this dispensary SML II (Bhone) as needed, where we receive quality medical consultations and free general medicines. Shakarganj Foundation has provided an excellent healthcare facility in our area.

”

Publications



Impact of Nutritional Programs

By: Samra Ashraf – Manager (Social Action Program)
MSc Psychology, MS Management with Project
Management (BPP University London)

September 25th - 2023

Nutritional programs for school children can have a significant impact on their overall health, well-being, and academic performance. These programs provide balanced and nutritious meals to students, especially those from disadvantaged backgrounds.

To read more, please visit sf.org.pk/publications



Impact Of Healthcare Program On Rural Areas

By: Dr. Muhammad Aamir – Manager (Public Health)
MD (MBBS) RU. C/A DTCD (PK)

September 30th - 2023

Overall, healthcare programs in rural areas have the potential to transform the health landscape by addressing access barriers, promoting health awareness, and uplifting the overall well-being of rural populations.

To read more, please visit sf.org.pk/publications



Drinking Water Quality in Jhang – A Comprehensive Survey by Shakarganj Foundation

By: Dr. Shahid Hussain – Vice Chairman (Social
Action Projects Committee)
PhD (Chemistry)

October 10th - 2023

Jhang, a rapidly urbanizing city, is grappling with water quality challenges. This study has been made by Shakarganj Foundation to assess the Total Dissolved Solids (TDS) and pH values of 1,144 water samples collected from various locations of Jhang.

To read more, please visit sf.org.pk/publications

Publications



Providing Education and Healthcare to Underprivileged Children: A National Duty

By: Mustapha Altaf Saleem – Member (Social Action Projects Committee)

MBA

October 17th - 2023

Every citizen, regardless of their country of residence, bears a responsibility to contribute to education and healthcare for marginalized segments of society. According to UNESCO, over 260 million children worldwide are currently out of school.

To read more, please visit sf.org.pk/publications

Shakarganj Foundation's Social Action Projects Committee in the Media



Ramzan Packages Distribution Drives

Covered by: Samaa News
March 19th - 2024



Division Level Painting Competition

Covered by: Samaa News
February 27th - 2024



Winter Clothing Distribution Drives

Covered by: Samaa News
January 24th - 2024



Community Food Drive

Covered by: Campaign News and Others
September 20th - 2023



Winter Clothing Distribution Drives

Covered by: City 41
February 1st - 2023



Community Food Drive

Covered by: Campaign News and Others
September 20th - 2023

Shakarganj Foundation Collaborations



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in our mission to provide education and healthcare for
everyone**